

1. **WEBSITE**Access our website for programmes and strategies to address different functional difficulties. Type:

“Paediatric Occupational Therapy Programmes SBUHB” into google (or your search engine) and click the first link.

**2. FACEBOOK**On our Facebook group we will share

and post appropriate and accurate content to

address activities of daily living. Search:

“Paediatric Occupational Therapy Swansea Bay UHB”

**3. PINTEREST**Our Pinterest page has lots of activity ideas that you can use with your little one at home! Follow our account

“Swansea Bay UHB OT for kids”

The following links provided are our Website, Facebook and Pinterest pages. These you can access to get advice, information and access resources that may address issues that your child is facing in their activities of daily living. Please access these pages to find the appropriate strategies that may address your child’s difficulties.