

HEALTH BOARD - LUNCH MENU WEEK TWO

WEEK	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STARTER	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE
TRADITIONAL DISH CHOICE ONE	ROAST BEEF SERVED WITH A YORKSHIRE PUDDING	ROAST PORK & APPLE SAUCE	COTTAGE PIE	ROAST CHICKEN BREAST & SEASONING	ROAST TURKEY & CRANBERRY SAUCE	BATTERED FISH	CHICKEN CHASSEUR
CHOICE TWO	VEGETABLE NUT ROAST	VEGAN MEATBALLS BOLOGNAISE	CHICKEN KORMA BOILED RICE	PORK SAUSAGES	VEGAN COTTAGE PIE	GAMMON HAM & PARSLEY SAUCE	MACARONI CHEESE
LIGHTER CHOICE 1	COTTAGE CHEESE & PINEAPPLE SALAD	JACKET POTATO WITH CHICKEN MAYONNAISE	BEAN GOULASH	JACKET POTATO WITH RED LEICESTER & CHEDDAR CHEESE MIX	JACKET POTATO & CHILLI CON CARNE	VEGAN CAJUN SAUSAGE	JACKET POTATO WITH VEGAN CHILLI
LIGHTER CHOICE 2	ROAST TURKEY SALAD	PLOUGHMANS LUNCH SALAD	JACKET POTATO & BAKED BEANS	VEGETABLE QUICHE SALAD	PLOUGHMANS SALAD	BOILED EGG SALAD	TUNA SALAD
REGULAR EASY TO CHEW	MINCED BEEF AND CREAMED POTATO	MINCED PORK AND CREAMED POTATO	COTTAGE PIE	MINCED CHICKEN AND CREAMED POTATO	VEGAN COTTAGE PIE	MINCED HAM AND CREAMED POTATO	MACARONI CHEESE
POTATO 1	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES
POTATO 2	ROAST POTATOES	BOILED POTATOES	JACKETS	ROAST POTATOES		OVEN CHIPS	HERB DICED POTATO
VEGETABLE 1	SPROUTS	GREEN BEANS	BROCCOLI	MIXED VEGETABLES	CARROTS	PEAS	MIXED VEGETABLES
VEGETABLE 2	CARROTS	DICED SWEDE	PEAS	RED CABBAGE AND APPLE	SWEDE	SWEETCORN	CARROTS
SAUCE	GRAVY	GRAVY	GRAVY	GRAVY	GRAVY	PARSELY SAUCE	GRAVY
SWEET 1	JAM ROLY POLY	PEAR & APRICOT CRUMBLE	EVES PUDDING	MIXED FRUIT WITH COCONUT CRUMBLE	PEACH & APRICOT TART	CHOCOLATE SPONGE	APPLE & BLACKBERRY CRUMBLE
SAUCE	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD
SWEET 2	TINNED PEACHES	PEAR & PEACH FRUIT POT	EGG CUSTARD TART	CHEESE AND CRACKERS	MANDARAIN IN JUICE	YOGHURT	PEAR & PEACH FRUIT POT
SWEET 3	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)

IF YOU REQUIRE A HALAL DISH OR AN ALTERNATIVE CHOICE PLEASE LET YOU WARD HOST/HOSTESS KNOW
PLEASE NOTE THAT SOME OF OUR PRODUCTS MAY CONTAIN NUTS, NUT OIL AND/OR NUT DERIVATIVES.
SHOULD YOU HAVE A QUERY RELATING TO ANY PRODUCT AND/OR ALLERGENS PLEASE INFORM THE WARD HOST/ESS OR A MEMBER OF WARD NURSING STAFF.

03/08/2022

HEALTH BOARD – SUPPER MENU WEEK TWO

WEEK	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STARTER	TOMATO & RED PEPPER SOUP	CARROT & CORIANDER SOUP	APPLE & CAULIFLOWER SOUP	VEGETABLE SOUP	POTATO & WATERCRESS SOUP	TOMATO & RED PEPPER SOUP	LEEK & POTATO SOUP
CHOICE ONE	CHICKEN PASTA ARRABIATA	BEEF LASAGNE	GAMMON HAM	CORNEB BEEF PIE	BEEF CURRY & BOILED RICE	TURKEY, HAM & LEEK PIE	PORK STEAK & ONION GRAVY
CHOICE TWO	OVEN BAKED VEGAN SAUSAGES	VEGETABLE CRUMBLE	SALMON & BROCCOLI BAKE	CHEESE, RED PEPPER, TOMATO & POTATO BAKE	VEGAN VEGETABLE PIE	VEGGIE PASTA BOLOGNAISE	VEGAN SAUSAGE CASSEROLE
CHOICE THREE	TOMATO & RED PEPPER SOUP AND TUNA SANDWICH	CARROT & CORIANDER SOUP AND HAM SANDWICH	APPLE & CAULIFLOWER SOUP AND CHEESE AND SPRING ONION SANDWICH	VEGETABLE SOUP AND EGG MAYONNAISE SANDWICH	POTATO & WATERCRESS SOUP AND HAM SANDWICH	TOMATO & RED PEPPER SOUP AND CHICKEN & MAYONNAISE SANDWICH	LEEK & POTATO SOUP AND HAM & CHEESE SANDWICH
LIGHTER CHOICE	JACKET POTATO & BAKED BEANS	JACKET POTATO & CHEESE	GREEK SALAD	ROAST PORK SALAD	JACKET POTATO WITH TUNA & SWEETCORN	JACKET POTATO & CHEESE	ROAST CHICKEN SALAD
REGULAR EASY TO CHEW	CHEESE & POTATO PIE	MINCED TURKEY AND CREAMED POTATO	MINCED HAM AND PARSLEY SAUCE	CORNEB BEEF HASH	MINCED HAM AND CREAMED POTATO	MINCED TURKEY AND CREAMED POTATO	VEGGIE BOLOGNAISE
POTATO 1	OVEN CHIPS	HERB DICED	OVEN CHIPS	HERB DICED	BOILED POTATO	BAKED POTATO WEDGES	HERB DICED
POTATO 2	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES
VEGETABLE 1	SIDE SALAD	SWEETCORN	PEAS	BROCCOLI	WHOLE GREEN BEANS	BROCCOLI	PEAS
VEGETABLE 2	BAKED BEANS	WHOLE GREEN BEANS	SWEDE	BAKED BEANS	DICED SWEDE	CAULIFLOWER	SWEETCORN
SAUCE			PARSELY SAUCE				GRAVY
SWEET 1	CHOCOLATE CHIP SPONGE & CUSTARD	RHUBARB & APPLE TART & CUSTARD	RASPBERRY JAM, BREAD & BUTTER & PUDDING & CUSTARD	BAKED RICE & SULTANA PUDDING	LEMON & COCONUT SPONGE	SCONE, BUTTER & JAM	WELSH CAKES & BUTTER
SWEET 2	CREAM STRAWBERRY TRIFLE	CHOCOLATE MOUSSE	BARA BRITH	STRAWBERRY GATEAU	PASTEL DE NATA	RASPBERRY JELLY POT	BLACKCURRANT CHEESECAKE
SWEET 2	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)	SELECTION OF FRESH FRUIT (BANANA, APPLE, PEAR AND ORANGE)

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