



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Emma Woollett**
Prif Weithredwr/Chief Executive: **Mark Hackett**

gofalu am ein gilydd, cydweithio, gwella bob amser
caring for each other, working together, always improving

Rydym yn croesawu gohebiaeth yn y Gymraeg neu'r Saesneg. Atebir gohebiaeth Gymraeg yn y Gymraeg, ac ni fydd hyn yn arwain at oedi. We welcome correspondence in Welsh or English. Welsh language correspondence will be replied to in Welsh, and this will not lead to a delay.

Cais Rhyddid Gwybodaeth / Freedom of Information request **Ein Cyf / Our Ref: 22-G-024**

You asked:

For adult patients only;

1. Please provide evidence of the method of assessment and/or diagnosis of migraine.

Please see attached pathway. Please note that this pathway was reviewed in 2020 but required no changes.

2. What medication is listed on SBUHB formulary for the treatment of chronic headache?

Topiramate, Propranolol, Sodium Valproate, Amitriptyline

3. Are lifestyle changes suggested as part of the treatment of chronic headache?

Yes

4. Is the keeping of a headache diary suggested by SBUHB in the treatment or management of chronic headache?

Yes

5. What analgesia are used by SBUHB in the treatment of migraine or chronic headache?

Triptans, NSAIDs

6. What is the referral process to headache clinic?

Either a direct referral from a GP or hospital doctor, or a patient presenting at our Emergency Department.



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board