



Rydym yn croesawu gohebiaeth yn y Gymraeg neu'r Saesneg. Atebir gohebiaeth Gymraeg yn y Gymraeg, ac ni fydd hyn yn arwain at oedi. We welcome correspondence in Welsh or English. Welsh language correspondence will be replied to in Welsh, and this will not lead to a delay.

## **Cais Rhyddid Gwybodaeth / Freedom of Information request** **Ein Cyf / Our Ref: 22-H-013**

### **You asked:**

For information in relation to restrictive practice within mental health inpatient settings:

- 1. Do you record each of the following pieces of information about uses of restrictive practice (please provide an answer for each item individually):**
  - a. The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient); - yes**
  - b. If physical restraint was used, was the individual restrained in a prone or supine position, yes**
  - c. The reason(s) for the use of restrictive practice; yes**
  - d. Where (e.g. which ward) and when the restrictive practice was used; yes**
  - e. The length of the restrictive practice; yes**
  - f. The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing; yes**
  - g. The protected characteristics of the individual, including age, gender, sex, disability, broken down by impairment type, and ethnicity); partially**
  - h. The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future; yes**
  - i. The individual's involvement in the review; yes, where possible**
  - j. A record to confirm that the relevant family members and carers have been informed and when this happened if applicable yes.**



**and if so, in what systems you record each of these pieces of information (for example: paper-based patient records, electronic patient records, incident reporting systems like Datix or the Once-for-Wales Concern Management System, ward-level spreadsheets)?**

The Health Board records this information in various ways including data documented in clinical/nursing notes/restraint reduction plans, along with the Health Boards Datix system.

**2. What reports do you routinely produce about the use of restrictive practices in mental health inpatient settings and what information do these reports include? For example: "monthly reports to the mental health directorate board, including counts of uses of restrictive practice, counts of patients subjected to restrictive practice, rates of use of restrictive practice per 100 bed days by ward".**

I can confirm that basic information around the use of seclusion, use of physical restraint and use of increase observations are routinely captured in the monthly performance scorecard data – pulled from the Health Boards Datix system.

The Health Board also has a reducing restrictive practices strategy, which is in keeping with the Welsh Government framework. The service group wide Reducing Restrictive Practices (RRP) steering group, guides the development of a clear process for reporting, monitoring, auditing and evaluating restrictive practice and the progress of the service groups restraint reduction action plans. The group has also led on the compilation of a baseline view of the use of restrictions across all areas using the Reducing Restrictive Practices Checklist (RRPC).

