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Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Emma Woollett**
Prif Weithredwr/Chief Executive: **Mark Hackett**

gofalu am ein gilydd, cydweithio, gwella bob amser
caring for each other, working together, always improving

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 29th January 2021
Ein Cyf / Our Ref: 21-A-020

☎ 01639 648363

✉ FOIA.Requests@wales.nhs.uk

██████████
████████████████████

Corporate Services
Headquarters
1 Talbot Gateway
Baglan
Port Talbot, SA12 7BR

Dear ██████████

I refer to your Freedom of Information Act Request acknowledged by ourselves on 12th January 2021. Your request sought information relating to eating disorder services.

Swansea Bay University Health Board commission most specialist Child and Adolescent Mental Health Service (CAMHS) from Cwm Taf Morgannwg University Health Board (CTMUHB) who also provide services across the Cwm Taf Morgannwg Region.

We have worked with CTMUHB on your FOIA request, which we are aware they have also received. CTMUHB have agreed to provide the information for children's eating disorder services for Swansea Bay Health Board as part of their response for CAMHS. Therefore, we have only provided information for adult services below.

1. Between 2018 and 2021 what percent of those referred to your eating disorder service are refused access?

0% patients are refused access to services.

For the Tier 2 / 3 Adult Eating Disorder service, 12.4% of referrals received were re-directed to Primary Care services



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

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Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

2. Between 2018 and 2021 what level of severity of illness are you commissioned to treat in eating disorder services for adults and children? E.g. can treat severe eating disorders, not very severe/moderate

Primary care services treat patients with a mild to moderate eating disorders.

The Tier 2 Eating Disorder service was established in June 2020 and provides a service for patients known to the Community Mental Health Team (CMHT) with a mild to moderate eating disorders.

The Tier 3 Eating Disorder service provides treatment for patients with a severe eating disorder as well as any young person transitioning from Specialist Child and Adolescent Mental Health services to Adult Mental Health services who is mid treatment or who has had a Tier 4 inpatient admission for an eating disorder regardless of illness severity.

3. Between 2018 and 2021 was your admission policy for children's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?

Please refer to CTMUHB's response for this request for our population.

4. Between 2018 and 2021 was your admission policy for adult's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?

Patients with a mild eating disorder (BMI greater than 17.5) are seen within Primary Care services.

The Tier 2 Eating Disorders services accepts referrals for any patient under the care of the CMHT with a suspected eating disorder regardless of BMI.

The Tier 3 Eating Disorder service accepts referrals for patients with a BMI less than 15, blood abnormalities and/or co-morbidities/complex issues. Referrals for young people transitioning from SCAMHS to AMHS are also accepted regardless of BMI if the patients is mid treatment and/or has had a psychiatric inpatient admission for an eating disorder post aged 16.

5. Currently how long is your waiting list (priority and normal) for adult patients to access eating disorder treatment? (as of September 2020-Jan 2021)

The Tier 2 & Tier 3 Eating Disorder services have no waiting lists.

6. Currently how long is your waiting list (priority and normal) for children patients to access eating disorder treatment? (as of September 2020 - Jan 2021)

Please refer to CTMUHB's response to this request for our population.



7. In your trust how many people have made appointments at CAMHS in the last 8 weeks to discuss an eating disorder?

Please refer to CTMUHB's response to this request for our population.

8. In your trust how many people have made appointments for adult services in the last 8 weeks to discuss an eating disorder?

Community Mental Health (adults) – 0

Tier 2 and 3 - 409 appointments offered in the 8 weeks up to 31/12/2020.

9. Between 2018 and 2021 what was your rate of relapse for CAMHS eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?

Please refer to CTMUHB's response to this request for our population.

10. Between 2018 and 2021 what was your rate of relapse for adult eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?

Tier 2 and 3 - 6% of patients discharged from Tier 2 / Tier 3 were re-referred between 2018 and 2021.

11. Between 2018 and 2021 what percentage of your patients who access treatment for adult eating disorder services are male?

Within the Tier 2 & Tier 3 Eating Disorders services 1-2% of patients are male.

12. Between 2018 and 2021 what percentage of your patients who access treatment for CAMHS eating disorder services are male?

Please refer to CTMUHB's response to this request for our population.

I hope this information is helpful. If you require anything further please contact us at FOIA.Requests@wales.nhs.uk.

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via FOIA.Requests@wales.nhs.uk.

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



P. a. wenger

Pam Wenger
Director of Corporate Governance

