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Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Emma Woollett**
Prif Weithredwr/Chief Executive: **Mark Hackett**

gofalu am ein gilydd, cydweithio, gwella bob amser
caring for each other, working together, always improving

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 5th October 2021
Ein Cyf / Our Ref: 21-H-016

☎ 01639 648363
✉ FOIA.Requests@wales.nhs.uk

[REDACTED]

Corporate Services
Headquarters
1 Talbot Gateway
Baglan
Port Talbot, SA12 7BR

[REDACTED]

I refer to your Freedom of Information Act Request acknowledged by ourselves on 13th August 2021. Your request sought information relating to eating disorders.

Swansea Bay University Health Board commission most specialist Child and Adolescent Mental Health Service (CAMHS) from Cwm Taf Morgannwg University Health Board (CTMUHB) who also provide services across the Cwm Taf Morgannwg Region.

We have worked with CTMUHB on your FOIA request, which we are aware they have also received. CTMUHB have agreed to provide the information for children's eating disorder services for Swansea Bay Health Board as part of their response for CAMHS. Therefore, we have only provided information for adult services below.

Please note that within Swansea Bay Health Board, Primary Care services treat patients with a mild to moderate eating disorders. The Tier 2 Eating Disorder service was established in June 2020 and provides a service for patients known to the Community Mental Health Team (CMHT) with a mild to moderate eating disorders. The Tier 3 Eating Disorder service provides treatment for patients with a severe eating disorder as well as any young person transitioning from Specialist Child and Adolescent Mental Health services to Adult Mental Health services who is mid treatment or who has had a Tier 4 inpatient admission for an eating disorder regardless of illness severity.

Demand and capacity regarding eating disorder treatment



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

1. Please complete the table below with data on referrals to mental health services provided by the Health Board, for patients with a suspected eating disorder. Please note that 'Adult Tier 3' should include any adult eating disorder service.

Please note that where NA (i.e. not applicable) is listed in the table below, this is because our Tier 2 service has only been offered by the Health Board since June 2020 and Tier 3 data has only been centralised since 2019. Cwm Taf Morgannwg Health Board will be providing the CAMHS data on our behalf.

Financial year	Total eating disorder referrals received				Number of eating disorder referrals assessed by a mental health or eating disorder service as having an eating disorder but closed without starting eating disorder treatment				Number of eating disorder referrals closed without receiving clinical eating disorder assessment from a mental health or eating disorder service.			
	CAMHS	Adult Tier 1	Adult Tier 2	Adult Tier 3	CAMHS	Adult Tier 1	Adult Tier 2	Adult Tier 3	CAMHS	Adult Tier 1	Adult Tier 2	Adult Tier 3
2018/19	CTM HB	9	NA	NA	CTM HB	0	NA	NA	CTM HB	0	NA	NA
2019/20	CTM HB	32	NA	40	CTM HB	0	NA	18	CTM HB	0	NA	0
2020/21	CTM HB	33	83		CTM HB	0	16		CTM HB	0	0	
2021/22 to date	CTM HB	11 to date	43 to date	16 to date	CTM HB	0	8 to date	28 to date	CTM HB	0	0	0

2. Please detail any service restrictions/eligibility criteria around accessing eating disorder treatment from your Health Board, in the following financial years. Please list answers separately for each relevant mental health service including any Tier 3 adult eating disorder service.

- a) 2018/2019
- b) 2019/2020
- c) 2020/2021
- d) 2021/2022

For all years;

- Patients with a BMI > 17.5 AND a stable presentation are seen within Primary Care services.
- Patients with a BMI < 17.5 OR an unstable presentation (e.g. rapid weight loss, blood abnormalities) are seen within Tier 2/Tier 3 and CMHT services.

3. Does the Health Board provide treatment specifically for child and adolescent patients (under 18 years old) assessed as meeting diagnostic criteria for Avoidant Restrictive Food Intake Disorder (ARFID)? If Yes, which Health Board service/s is this treatment provided by?

No - I can confirm that Cwm Taf Morgannwg University Health Board hosts the Child and Adolescent Mental Health Service (CAMHS). This service provides specialist mental health services to children and young people. CAMHS provides community mental health services for 1.2 million people, covering the areas of Merthyr, Rhondda Cynon Taf, Cardiff and Vale, Bridgend, Neath Port Talbot and Swansea. Therefore, please contact the Information Governance Team at Cwm Taf Morgannwg Health Board, Ynysmeurig House, Navigation Park, Abercynon, CF45 4SN, Email: freedomofinformation@wales.nhs.uk,



who will be able to assist you with information relating to CAMHS.

4. Does the Health Board provide treatment specifically for adult patients (18 years old and over) assessed as meeting diagnostic criteria for Avoidant Restrictive Food Intake Disorder (ARFID)? If yes, which Health Board service/s is this treatment provided by?

No. Patients with ARFID would access treatment ED treatment via the existing Primary Care or CMHT/EDS as indicated according to need/level of difficulties.

5. Please complete the table below regarding the total staffing dedicated to eating disorder treatment - in Whole Time Equivalents (WTE) and broken down by professional discipline - at your Health Board, as this was on the dates below. (Please see the fictional example entered in the table below). Please include all staff in post, whether or not they happened to be at work on these dates. Please also include any bank or agency staff that were working on those dates.

Date	Total dedicated and identifiable eating disorder staffing (in WTE and broken down by professional discipline)			
	CAMHS	Adult Tier 1	Adult Tier 2	Adult Tier 3 (including adult eating disorder service)
At 31 March 2018	CTM HB	NA	NA	NA
At 31 March 2019	CTM HB	NA	No dedicated staff	NA
At 31 March 2020	CTM HB	NA	2 WTE Specialist Practitioners	0.5WTE Lead, 0.1WTE Psychiatrist, 0.2WTE Psychologist, 0.2WTE dietitian, 0.6WTE Nurse, 0.6WTE Occupational Therapist, 0.2WTE HCSW (NB Not all the listed staff are funded via SBUHB)
At 31 March 2021	CTM HB	NA	As above	As above

6. Please complete the table below with the number of patients who were under treatment for their eating disorder and had not yet been discharged on the dates specified, broken down by the category of mental health service they were primarily receiving treatment from. Please note that this question is asking about the services' total caseloads on the dates specified, not the number of appointments that took place on those dates.

Date	Size of eating disorder caseload (number of patients)			
	CAMHS	Adult Tier 1	Adult Tier 2	Adult Tier 3 (including adult eating disorder service)
At 31 March 2018	CTM HB	NA	NA	NA
At 31 March 2019	CTM HB	NA	NA	NA
At 31 March 2020	CTM HB	NA	0	33
At 31 March 2021	CTM HB	NA	30 (assessments not included)	

7. Does your Health Board provide eating disorder treatment for patients who are normally resident within the geographic area of any other Health Board in Wales? If so, please provide information on this below, including the number/s of such patients (if any) included in answer to question 6, on each of the dates



specified in question 6.

Swansea Bay Health Board provides Tier 3 eating disorder provision for Bridgend area and South West Powys also. Data is collected as whole service not separated for specific geographical areas.

- 8. Please complete the table below, regarding median referral to start of treatment waiting times for outpatient eating disorder treatment provided by your Health Board. Please do not provide data which relates to Inpatient treatment. Please measure this as the length of time between the referral being received by the service and the date of the second appointment. Please specify whether figures are in days, weeks or months.**

The Tier 2/3 eating disorder service does not have a waiting list. Tier 3 referrals are seen within 2 weeks and Tier 2 referrals within 4 weeks.

- 9. Please attach any formal protocol that the Health Board has in place to govern co-working between mental health services and diabetes services for patients who have both an eating disorder and diabetes.**

There are regular meetings between diabetes and eating disorder team members but no current formal protocols are in place.

- 10. Please attach any formal protocol that the Health Board has in place to govern co-working between mental health services and neurodevelopmental services for patients who have both an eating disorder and autism.**

There are no formal protocols in place.

Plans and investments made in response to the Welsh Eating Disorder Service review 2018

On 25 September 2019 Vaughan Gething MS, the-then Minister for Health and Social Services, wrote to all Health Board Chief Executives about the Welsh Eating Disorders Service review 2018. In this letter the Minister asked Health Boards to begin developing plans and making service improvements in line with the vision set out in the service review. All Health Boards were asked to "conduct a baseline review of current waiting times and to develop improvement plans" and the letter ended with: "Please respond with your views on the report [the Service review] and recommendations and with your improvement plans following baseline reviews by 8th November [2019]."

- 11. Please supply recorded information on the baseline review of waiting times for eating disorder treatment conducted by the Health Board and the correspondence, including improvement plans that the Health Board sent to the Welsh Government in response to this letter.**

There has never been a waiting list for Tier 3 services. Since the commencement of Tier 2 eating disorder services, there has also not been a waiting list at Tier 2.

- 12. Please supply recorded information on how the Health Board has developed and begun implementation of local improvement plans in response to the Welsh Eating Disorder Service review 2018, in:**

a) 2020, and

b) 2021 (to date, please specify the months covered)

The Tier 2 service has been completely resourced via the additional ED funding enabling patients referred to CMHTs to access specialist ED assessment and



intervention. The recent funding will enable further development of provision at Tier 2 and primary care level.

To date service development proposals have been developed in consultation with HB senior management and clinical staff and have been fully supported.

Please find attached;

1. MHSIF Swansea Bay ED BID May 2021
2. SBUHB Eating Disorder proposal – BID submitted 2020

13. Since the publication of the Welsh Eating Disorder Service review 2018, the Government has asked Health Boards to submit proposals for funding to support planning and service improvements in line with the service review. Please enclose recorded information that relates to:

- a) The proposals submitted by the Health Board’s clinical staff to relevant Health Board senior management
- b) The response of relevant Health Board senior management to these proposals, including whether they were funded, in part or in whole.

Please see question 12.

14. Please state how much money the Health Board has spent on its Tier 3 adult eating disorder service (if applicable) in the following financial years:

- a) 2018/19
- b) 2019/20
- c) 2020/21
- d) 2021/22 (if available, please specify the months covered)

	2018/19	2019/20	2020/21	Mth 5 2021/22
Total	£101,055	£92,696	£88,205	£48,532

15. Please state how much money the Health Board has spent specifically on the treatment of eating disorders (excluding that detailed in answer to Question 14) in the following financial years:

- a) 2018/19
- b) 2019/20
- c) 2020/21
- d) 2021/22 (if available, please specify the months covered)

Please note that this information covers our Tier 2 eating disorder service this includes Bank & Agency staffing costs for 2019/20.

	2018/19	2019/20	2020/21	Mth 5 2021/22



Total	£0	£45,113	£53,878	£34,164
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I hope this information is helpful. If you require anything further please contact us at FOIA.Requests@wales.nhs.uk.

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via FOIA.Requests@wales.nhs.uk.

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



On behalf of

Pam Wenger

Director of Corporate Governance

