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WALES

Bwrdd Iechyd Prifysgol  
Bae Abertawe  
Swansea Bay University  
Health Board

Cadeirydd/Chair: **Emma Woollett**  
Prif Weithredwr/Chief Executive: **Mark Hackett**

**gofalu am ein gilydd, cydweithio, gwella bob amser**  
**caring for each other, working together, always improving**

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 6<sup>th</sup> May 2021  
Ein Cyf / Our Ref: 21-D-004

☎ 01639 648363  
✉ FOIA.Requests@wales.nhs.uk

[Redacted]

Corporate Services  
Headquarters  
1 Talbot Gateway  
Baglan  
Port Talbot, SA12 7BR

[Redacted]

I refer to your Freedom of Information Act Request acknowledged by ourselves on 9<sup>th</sup> April 2021. Your request sought information relating to ECT treatment.

**1. How many patients in total received ECT in 2019?**

15

**2. How many of these were female?**

8

**3. How many of these were over 60?**

7

**4. How many of these were under 18?**

0

**5. How many patients received ECT without receiving a NICE recommended psychological therapy?**

0

**6. What measures of clinical outcome were used for patients who received ECT and what were the results?**

Patients were monitored with an initial Depression Rating Scale and an end of treatment score, Montreal Cognitive Assessment (MoCA) after every second treatment and Mini Mental State Examination (MMSE) after treatment.



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

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Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

**7. What measures of adverse effects for patients who received ECT were used, and what were the results?**

All patients were monitored after each treatment by their consultant.

The adverse effects varied from patient to patient. Most common effects reported by the patients were headaches and generalised joint aches. These aches were temporary and usually went after a few days. Some patients reported temporary memory loss after a few days.

**8. How many patients were given ECT without consent?**

We are unable to provide you with the exact number of patients given ECT without consent as due to the low numbers, there is a potential risk of identifying individuals if this was disclosed. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This information is protected by the General Data Protection Regulation (GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute as unfair and unlawful processing in regard to Articles 5, 6, and 9 of GDPR. This exemption is absolute and therefore there is no requirement to apply the public interest test.

We can however let you know it was less than 5 patients.

**9. Which professions did the Second Opinion Appointed Doctor (SOAD) consult for patients who did not consent?**

The SOAD consulted ward staff and the consultant to plan treatment.

I hope this information is helpful. If you require anything further please contact us at [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2<sup>nd</sup> Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



Pam Wenger  
**Director of Corporate Governance**

