

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 18<sup>th</sup> February 2020  
Ein Cyf / Our Ref: 20-A-042

☎ 01639 [REDACTED]  
📧 [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk)

[REDACTED]  
[REDACTED]

Corporate Services  
Headquarters  
1 Talbot Gateway  
Baglan  
Port Talbot, SA12 7BR

[REDACTED]

I refer to your Freedom of Information Act Request acknowledged by ourselves on 28<sup>th</sup> January 2020. Your request sought information relating to smoking cessation.

**1. Can you please detail the smoking cessation service provision offered by your Health Board which is targeted specifically at women using your maternity services?**

All women that book for pregnancy with their named midwife are asked about their smoking status and this is recorded within the handheld maternity records. Women that report as smoking at this stage are automatically referred to the 'Help Me Quit' Wales team.

The Help Me Quit team have trained smoking cessation advisors that identify the best source of support and nicotine replacement therapy for individual women. The team make contact by telephone to commence the support, although women may also engage with local pharmacies that can offer face to face, ongoing support.

Carbon Monoxide (CO) testing is part of routine antenatal care, and follow up referrals are sent for women that provide high CO readings at subsequent appointments.

Quit attempts are currently supported by the named midwife as supplement to the support given by Help Me Quit. Midwives also enquire about partner and family smoking if passive smoking is a risk factor and can also refer partners and family members to the Help Me Quit services.

This is the link that is used for referrals and information throughout pregnancy



**Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR**

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe  
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

<https://www.helpmequit.wales/>

The Health Board is also working with public health to train community and hospital midwives and create increased smoking support pathways.

I hope this information is helpful. If you require anything further please contact us at [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2<sup>nd</sup> Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



Pam Wenger  
**Director of Corporate Governance**

