



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Bae Abertawe  
Swansea Bay University  
Health Board

Cadeirydd Dros Dro/ Interim Chair: **Emma Woollett**  
Prif Weithredwr/Chief Executive: **Tracy Myhill**

**gofalu am ein gilydd, cydweithio, gwella bob amser**  
**caring for each other, working together, always improving**

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 20<sup>th</sup> March 2020  
Ein Cyf / Our Ref: 20-B-026

01639 [REDACTED]  
FOIA.Requests@wales.nhs.uk

[REDACTED]  
[REDACTED]  
[REDACTED]

Corporate Services  
Headquarters  
1 Talbot Gateway  
Baglan  
Port Talbot, SA12 7BR

[REDACTED]

I refer to your Freedom of Information Act Request acknowledged by ourselves on 19<sup>th</sup> February 2020. Your request sought information relating to workplace stress. You clarified on the 19<sup>th</sup> February 2020 that you would like data on staff who have not attended work with the reason being workplace stress.

The data provided is for calendar year 2019.

**I'm writing to request information on the number of Swansea Bay University Health Board employees that have felt unwell as a result of workplace stress over the course of the past 12 months.**

15 members of staff were recorded as absent with work-related stress (categorised as "anxiety/stress/depression/other psychiatric illnesses" on our systems).

Please note that the Health Board employees over 12,900 staff and has been working hard to reduce its overall sickness absence rate.

Swansea Bay Health Board is committed to supporting the health and wellbeing of its staff. The Board has achieved the Gold Corporate Health Standard for workplace health promotion. Among the services available are confidential counselling for staff experiencing problems affecting their day to day lives; impartial occupational health advice about work-related health issues; stress management courses; and health and wellbeing events and activities.



**Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR**

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe  
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

Swansea Bay specialists also deliver Wellbeing through Work programme. This supports working people – not just Swansea Bay employees – to remain in or return to employment when they have issues that could affect their ability to do their job.

I hope this information is helpful. If you require anything further please contact us at [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2<sup>nd</sup> Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



Pam Wenger  
**Director of Corporate Governance**

