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Bwrdd Iechyd Prifysgol  
Bae Abertawe  
Swansea Bay University  
Health Board

Cadeirydd Dros Dro/ Interim Chair: **Emma Woollett**  
Prif Weithredwr/Chief Executive: **Tracy Myhill**

**gofalu am ein gilydd, cydweithio, gwella bob amser**  
**caring for each other, working together, always improving**

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 13<sup>th</sup> September 2019  
Ein Cyf / Our Ref: 19-H-011

01639 648363

FOIA.Requests@wales.nhs.uk

[REDACTED]

Corporate Services  
Headquarters  
1 Talbot Gateway  
Baglan  
Port Talbot, SA12 7BR

[REDACTED]

I refer to your Freedom of Information Act Request acknowledged by ourselves on 9<sup>th</sup> August 2019. Your request sought information relating to diabetes and psychology.

**1. How many clinical psychologists (both individuals and as a whole time equivalent) are employed by your health board?**

42.00 WTE Qualified Practitioner Psychologists work in Mental Health, Learning Disabilities and Health psychology- this equates to 51 members of staff.

**2. How many specialist adult diabetes teams do you have across your health board?**

The Health Board has 3 specialist Diabetes Teams across each hospital site (Singleton, Morriston and Neath Port Talbot Hospital).

**3. How many patients are currently under the care of each specialist adult diabetes teams?**

We are unable to break down by clinic, however there are approximately 27,000 patients within the health boards catchment area who have diabetes.

**4. How many clinical psychologists (both individuals and as a whole time equivalent) are able to accept referrals from specialist adult diabetes teams for psychological therapies?**

The process for accessing psychological therapy in mental health services is through the Local Primary Mental Health Support Service (LPMHSS) - this service has staff employed to assess people's mental health needs within 28 days of referral and individuals are then signposted to the required services according to their needs- if the person is living with low to moderate mental health issues, they may be



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

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Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

signposted to access psychological therapy provided by psychological therapists working in LPMHSS, if the person has identified moderate to severe mental health needs they could be directed towards secondary mental health care services where they will have a care coordinator, if they have an identified need for therapy, they may access a service from a psychological therapist or a psychologist in that setting.

Psychologists working in Physical Health work outside the Mental Health system and are embedded in physical health services – they specialise in different areas including paediatric diabetes, pain management, bariatric surgery and weight management amongst other specialisms – access to their services would be through the relevant specialty team- there is 0.5 WTE clinical psychologist working in Paediatric Diabetes across the Health Board.

There is a small counselling psychology service (0.5 WTE) which accepts a limited number of referrals from across Morriston and Singleton Hospitals. A business case for an equitable psychological service which is embedded in the Adult Diabetes Service is in the process of being developed, this would allow for all patients with diabetes to be screened for psychological distress and to access support in a timely manner.

**5. How many other mental healthcare professionals (both individuals and as a whole time equivalent), not including psychologists, are able to accept referrals from specialist adult diabetes teams?**

This information is not held centrally.

**6. How many mental healthcare professionals(both individuals and as a whole time equivalent) are embedded in a diabetes team?**

There is one clinical psychologist (0.5wte) embedded within paediatric diabetes covering the Health Board area and Bridgend. There are currently no mental healthcare professionals embedded within adult diabetes services.

**7. How much, both in GBP and as a percentage of the total health board budget per annum, is spent on mental health (for the most recent full financial year available)?**

Please note that from 1<sup>st</sup> April 2019 responsibility for providing healthcare services for people in the Bridgend County Borough Council area transferred from Abertawe Bro Morgannwg University Health Board to Cwm Taf Morgannwg University Health Board. In light of this change to ABMU's responsibilities, the organisation's name has changed to Swansea Bay University Health Board. However as the information held is prior to 1<sup>st</sup> April 2019, we have provided the information that ABMU Health Board held which will include Bridgend data.

The total amount spent on Mental Health by ABMUHB for 2017/18 was £130,552,000. This was 11.85% of our total spend

I hope this information is helpful. If you require anything further please contact us at [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain



about the Health Board's handling of your request please contact me directly at the address below or register your complaint via [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk).

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2<sup>nd</sup> Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



On behalf of

Pam Wenger

**Director of Corporate Governance**

