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Bwrdd lechyd Prifysgol Abertawe Bro Morgannwg University Health Board

Burns and Plastic Surgery Occupational Therapy

## Instructions for using Silopad – Digital Cap

The digital cap is made of a soft, comfortable fabric fully coated with gel which slowly releases a medical grade mineral oil to soften and moisturise the skin.

This product is dermatologist tested, washable and reusable.

## **Directions for Use**

- Wash and dry either toe or finger.
- Slip product over toe or finger and place the gel directly over the affected area.
- A new digital cap should be used every 7 days.
- Remove product at least 3-4 hours a day to allow skin to breathe.

## Care of Digital Cap

- We recommend that you hand wash the digital cap in lukewarm soapy water.
- Air dry and lightly dust with talcum powder after drying.

If you require any further guidance or have any questions about the digital caps or if the scar area shows any evidence of skin irritation, rash, open or weeping areas, remove cap and contact your Key Worker

Telephone: (01792) 703980 (Answer Machine available)