



Meeting Date	31 st January	2019	Agenda Item	5.4		
Report Title	ARCH Programme Update					
Report Author	Karen Stapleton, Head of Strategy and Service Planning					
Report Sponsor	Siân Harrop-Griffiths, Director of Strategy					
Presented by	Siân Harrop-Griffiths, Director of Strategy					
Freedom of Information	Open					
Purpose of the Report	This paper provides an update on the ARCH Programme and includes an overview of the portfolio design, and governance arrangements as well progress and achievements to date.					
Key Issues	 Background information provided Achievements against original deliverables Links with regional working and collaboration with Hywel Dda and Swansea University Governance and associated risks 					
Specific Action	Information	Discussion	Assurance	Approval		
Required (please √one only)	✓					
Recommendations	 Members are asked to: NOTE the update on the ARCH programme. 					

ARCH PROGRAMME UPDATE

1. INTRODUCTION

This paper provides an update on the ARCH Programme and includes an overview of the portfolio design, and governance arrangements as well progress and achievements to date.

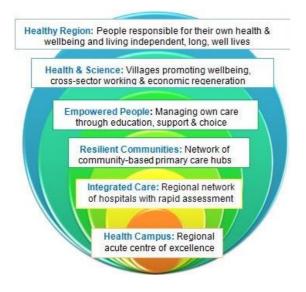
2. BACKGROUND

2.1 Portfolio Design

The ARCH (A Regional Collaboration for Health) Programme is a partnership between ABMU and Hywel Dda University Health Boards and Swansea University and is a unique and highly innovative collaborative programme which aims to improve the health, wealth and wellbeing of the population of South West Wales. The initial ARCH prospectus was submitted to Welsh Government in June 2015, and in February 2016 the Minister for Health and Social Services announced £1.2m of capital funding to ABMU Health Board (on behalf of the three partners) for the establishment of the ARCH Programme Office (PMO). This funding was for 2016- 2017 financial year.

The ARCH Partnership was required to produce a Portfolio Delivery Plan (PDP), that set out the long-term aims and objectives and the specific projects that ARCH would be responsible for delivering over a 1-3 (Tranche 1) and 3-10 period (Tranche 2) and details of the governance and assurance arrangements. The PDP was submitted to Welsh Government in March 2017.

This strategic Portfolio was designed to support both Health Boards and Swansea University to deliver strategic, regional solutions to some of the most significant issues facing South West Wales. An underlying principle of ARCH was to deliver an integrated sustainable approach for the region:



- √ A whole system approach
- √ Give people tools to be responsible for their own health & wellbeing
- √ Identify new models of care to transform services across region
- √ Connect health with other sectors to integrate services

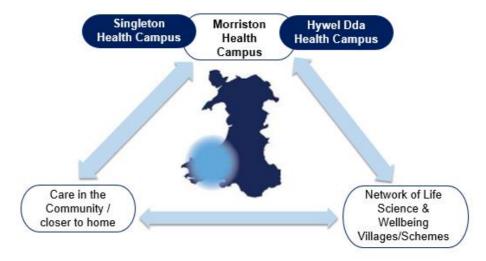
The aims of the four ARCH Programmes are to:

Service Transformation	Create a healthcare system fit for 21st Century			
Wellbeing	Improving the wellbeing of our population across the entire region			
Workforce, Skills & Education	Attract, retain and develop next generation of health & life science staff			
Research Enterprise & Innovation	Drive investment and create new jobs to boost the economy of South West Wales			

Not all clinical services for the Health Boards' populations fall within the scope of ARCH, however there are a number of services where it was clear that planning at a regional level would best serve the population and these services were prioritised by Health Boards in the Portfolio Delivery Plan:

PathologyCardiologyOphthalmologyNeurologyVascular	 Non-Surgical Oncology Hyper Acute Stroke Orthopaedics Imaging and Interventional radiology Dermatology
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Working as an integrated regional network system was a core component of ARCH



The aim was to:

 Create an integrated, open, collaborative health and life sciences regional ecosystem;

- Develop health and wellbeing schemes across the region, based on GP cluster networks, supported by a range of technology and information solutions;
- Ensure our regional network of local hospitals provide the right level of care in the right setting;
- Develop Morriston Health Campus as the regional base for acute and specialist services, underpinned by leading research, innovation and training.

2.2 Achievements against original ARCH PDP deliverables

Progress has been made since March 2017 to deliver on a number of projects within the ARCH PDP and details of this are at **Appendix 1**.

Each of the programmes were initially made up of 12 to 20 projects and it was recognised that only by delivering a combination of these projects would partners begin to address many of the challenges set out in the Case for Change and Portfolio Delivery Plan. The programmes are highly interlinked, with many projects delivering benefits across more than one programme and some projects delivering benefits across all the four programmes. An example of this is our Pathology project as set out below:



Projects within the Service Transformation programme formed the core of the ARCH PDP and were to be delivered in two Tranches over 1-10 year period.

First Tranche 1-3 years

- Delivering a South West non-surgical Cancer strategy;
- Establishing regional service models for Vascular, Neurology, Dermatology and Cardiology;
- Co-locating Cellular Pathology services for the region at Morriston;
- Developing a standalone Orthopaedic Unit at Morriston;
- Establishing a Hyper Acute Stroke Centre (HASU);
- Centralising the acute medical take for ABMU at Morriston;
- Relocating Oncology and Haematology inpatient services as part of centralisation of the acute take;
- Expanding Critical Care capacity:
- Relocating Hospital Sterilisation & Disinfection Unit (HSDU);
- Establishing a regional Ophthalmology centre;

- Establishing a new model for admissions avoidance and Ambulatory Care at Singleton;
- · Scaling-up Citizen Held Records solutions across the region.

Second Tranche 4-10 years

- Creating a regional cancer centre at Morriston;
- Co-locating Obstetric, Neonatology, Acute Gynaecology, Paediatric services;
- Establishing a Cardiac/Cardiology Centre;
- Establishing regional aseptic facilities
- Scaling-up Tele-health initiatives that have been tested and evaluated by Health Boards during 2017-19.

See **Appendix 2** for further details of all individual projects and their status.

1.3. ARCH 2019/20 work programme

Since February 2018, the ARCH portfolio has undergone a reframing exercise, which has involved a detailed calibration of all projects outlined in the Portfolio Development Plan (PDP), submitted to Welsh Government in early 2017. This work has taken place in the context of the new regional statutory planning arrangements that were introduced in August 2017 when Welsh Government required Joint Regional Planning & Delivery Committees (JRPDCs) to be established.

A more streamlined list of ARCH projects for delivery is as follows:

Research, Enterprise & Innovation	Service Transformation				
REI 1. ILS MediPark Regional ILS-HTC Singleton Regional ILS- Morriston Joint Clinical Research Facility Regional ILS - Hywel Dda REI 7. Llanelli Wellness & Life Science Village	ST 2. Cardiology ST 5. Neurological Conditions Regional Service ST 7. Interventional Radiology Regional Service ST 8. Regional Pathology Centre ST 9. HASU Regional Stroke Model ST14. Digitisation				
Workforce and Skills	Wellbeing				
 An Apprenticeship Career Framework Schools Experience Programme (16-18yrs) A Workplace Wellbeing programme SE15. Service Improvement Network - ARCH-i 	 W2. Population Health Intelligence Platform Wellbeing Schemes Learning Forum to sha best practice, learning, innovation and impa from each of the wellbeing schemes 				

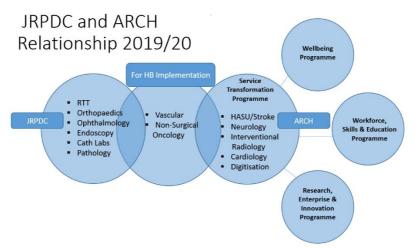
During this period the national, regional, and local strategic context within Wales has shifted considerably. A number of key strategic national documents have been published, e.g. 'Prosperity for All' and 'A Healthier Wales', influencing the future direction of public services within Wales. At a regional level, both Health Boards have been updating their Clinical Services Programmes/Strategies, and in addition, ABMU has been implementing the agreed changes to the Health Board's Bridgend boundary.

The ARCH PMO has been fully involved in the engagement and working between the two Health Boards throughout the development of the ABMUHB Clinical Services Plan 2018/24 and Hywel Dda's 'Transforming Clinical Services' Strategy. Milestones and deliverables for all ARCH Programmes have been included in both Health Boards' regional narrative for their draft Annual plans 2019/20, due to be signed off by the end of January 2019. See detail at **Appendix 3**.

2.4 Regional working and collaboration arrangements

The ARCH Programme has transformed the regional working arrangements in South West Wales between Abertawe Bro Morgannwg (ABM) and Hywel Dda University Health Boards and has helped significantly in creating a robust foundation for regional partnership working.

The relationship between Hywel Dda and Abertawe Bro Morgannwg University Health Boards was further strengthened through the establishment of the Joint Regional Planning and Delivery Committee (JRPDC) in August 2017. The focus for the JRPDC is on shorter-term priorities and delivery, whilst ARCH, which also includes Swansea University, continues to focus on the medium to longer term wider strategic vision for the region.



During 2017/18 some projects initially developed through the ARCH Programme became one strand of the City Deal that was awarded by the UK & Welsh Governments to the Swansea Bay City Region. The two projects within ARCH which became the responsibility of the City Deal are the development of Health and Life Science campuses at Singleton and Morriston and the creation of a Wellness and Life Science Village in Llanelli, the latter led by Carmarthenshire County Council in partnership with Swansea University. Both these projects are being taken forward under the Swansea Bay City Deal and funding of these is subject to the submission and approval of Full Business Cases by Welsh & UK Governments.

2.5 ARCH Programme Management Office (PMO)

The ARCH PMO was established in April 2016 to provide dedicated programme support to a whole range of projects identified within the ARCH Portfolio Delivery Plan (PDP). Welsh Government fixed-term funding for the PMO ceased in March 2017 and in September 2017, the ARCH Programme partners agreed to continue to fund a smaller PMO on a permanent basis.



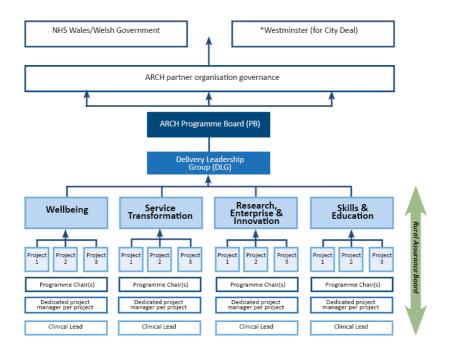
Through the latter half of 2017, the PMO was operating with a significantly reduced capacity, and this impacted upon the pace and progress across all programmes.

Despite these challenges progress was maintained across the portfolio and the PMO has since been re-focussed with new roles and appointments made between November 2017 and January 2018. During 2017/18 the ARCH PMO was also providing support to the emerging priorities within wider regional planning under the JRPDC. Four regional workshops took place in Ophthalmology and Orthopaedics between September 2017 and March 2018 facilitated by ARCH.

3. GOVERNANCE AND RISK ISSUES

During 2017/18 the ARCH Programme Board governance was strengthened following an Office of Government Commerce (OGC) Welsh Government Gateway review that was conducted on ARCH in March 2017. The OGC Gateway process examined the programmes and projects at key decision points in their lifecycle and provided assurance that the ARCH Programme could successfully move to the next stage. Feedback on this review was provided to the ARCH Programme Board on 27th March 2017and a plan was agreed to address the 8 recommendations.

ARCH Programme governance is outlined.



The ARCH Programme Board is currently chaired by Andrew Davies, Chair of ABMU Health Board. Karen Miles, Director of Strategy and Performance, Hywel Dda University Health Board, leads the Delivery Leadership Group (DLG)



The pathway for ARCH products is attached at **Appendix 4**.

In September 2018 the ARCH Delivery Leadership Group (DLG) formally reviewed progress against the initial OCG Gateway recommendations and were assured that all recommendations have been addressed. The final report on this is due to be signed off by the ARCH Programme Board in January 2019.

4. FINANCIAL IMPLICATIONS

ARCH Programme Management Office (PMO) Funding

The recurrent tripartite funding arrangements can be seen in the following table:

	Recurring Funding 2018/19 '£000			
Funding				
ABMU Health Board	122			
Hywel Dda Health Board	122			
Swansea University	56			
Total Funding	300			
Pay	290			
Non Pay	10			

Implications of the recent NHS Wales pay offer is being reviewed by ABMU finance support to the ARCH Programme and will be presented to the ARCH DLG in January 2019.

5. RECOMMENDATION

Members are asked to:

• **NOTE** the update on the ARCH programme.

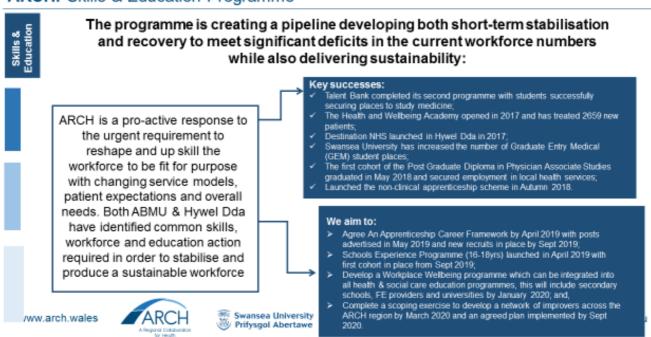
Governance and Assurance									
Governance and Assurance									
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	Quality, Safety and Patient Experience Implementation of the projects within the ARCH portfolio will support the Health								
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Board in achi	_				•				
will be improv					•	mmunities	s as p	part c	of the
development			ell Being c	entr	es.				
Financial Implications									
ABMU has a current recurrent commitment to fund the ARCH PMO, as per									
	section 4 above.								
Legal Implica		ncluding	g equality	and	d diversity	assessn	nent)		
No implication	No implications								
Staffing Imp									
A key compor			•		•	_			
	workforce across the region, working with partners on sustainable solutions.								
Long Term II	mplication	ns (inc	luding the	im e	pact of the	e Well-be	ing o	of Fu	ıture
Generations (Wales) Act 2015)									
ARCH is a long term strategic programme to transform the health, wealth and									
wellbeing of south west wales and its unique approach was designed to be able									
to support health boards and its partners to deliver on the commitments outlined									
in the WFGA.									
Report Histo	Report History The last report to ABMU Executive team on the ARCH					H			
	programme was in January 2017.								

Appendix 1

ARCH: Service Transformation Programme

The programme will help establish a culture of regional planning & work towards implementing a whole system approach, moving away from an outdated demand side focus, to deliver a regional, population health model focusing more on preventative work Key successes: ompleted Master Site Plans for Established the clinical model for Singleton and Morriston health ARCH aims to provide services based on what our populations Non-Surgical Cancer Strategy agreed by both Health Boards. need and with the least intervention possible using the principles of Prudent Health. This requires a different *Develop a clinically led 5-10 vision for a comprehensive regional networked service model for Cardiology; +Complete a Regional HASU model and impact analysis which include a regional rehabilitation model for stroke to support the flow through HASU: approach to how we currently deliver health and care Stabilise then grow IR services across the region
 Develop regional Pathology Laboratory services; services, and the organisational boundaries about who delivers Agree a series of regional service models Deliver a regional neurological conditions service that provides safe, that care and where *Complete initial scoping for digital ambitions for the region Swansea University Prifysgol Abertawe /ww.arch.wales

ARCH: Skills & Education Programme



ARCH: Wellbeing Programme

The programme will contribute to the improvement of the wellbeing of the ARCH population and work to address increased demand on health services and to fully embrace prevention and early intervention:

ARCH will contribute to the reduction of health inequalities between population groups while affecting a tangible step-change in our approach to prevention and early intervention across all ARCH programmes.

The programme aims to reduce inappropriate demand on healthcare services by influencing the social determinants of health and supporting people to remain well within their communities

Key successes:

- ✓ Developed ARCH Case for Change & regional definition of Wellbeing with Data Science/PHW Observatory
- ✓ Swansea City Centre and Bridgend Health and Wellbeing Schemes predevelopment studies completed July 2017
- Preparatory site work is underway for Llanelli Wellness and Life Science Village at Delta Lakes, and a planning application for the scheme has been submitted.

We aim to:

- Launch a Wellbeing Schemes Learning Forum to share best practice, learning, innovation and impact from each of the wellbeing schemes in April 2019; and,
- Complete Initial scoping of an Integrated Regional Well-Being Information Platform for the region by August 2019

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ARCH: Research, Enterprise & Innovation Programme

The programme will create and undertake regional, world-leading, multidisciplinary, collaborative research, to drive an ecosystem of vibrant life sciences & health activity to deliver improved health, wellbeing and prosperity for current and future generations:

ARCH will develop the region as a "living laboratory" The programme also aims to ensure the region can capitalise on this open innovation system to deliver economic benefits and improved health and wellbeing and consolidate and expand successful collaborations to establish region as a significant actor for integrated open innovation in health Key successes:

- AgorlP
- a £13.5million EU supported scheme to bring ideas and innovation to life, launched its first phase in late 2016 with enormous success;
- Agreed a Joint Intellectual Policy (IP) allowing greater opportunity for innovation protection and commercialisation of intellectual property to progressi novel ideas for the enhancement of patient care:
- Developed City Deal Business Cases for Life Science and Wellbeing Campuses Project.

We aim to:

Expand Institute of Life Sciences (ILS) facilities across the region and drive an ecosystem of vibrant life sciences as follows over the next 1-3

- ILS Llanelli
- ILS Healthcare Technology & Innovation Centre at Singleton
- Regional ILS Morriston
- ILS Hywel Dda





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Status of projects against ARCH Portfolio Development Plan

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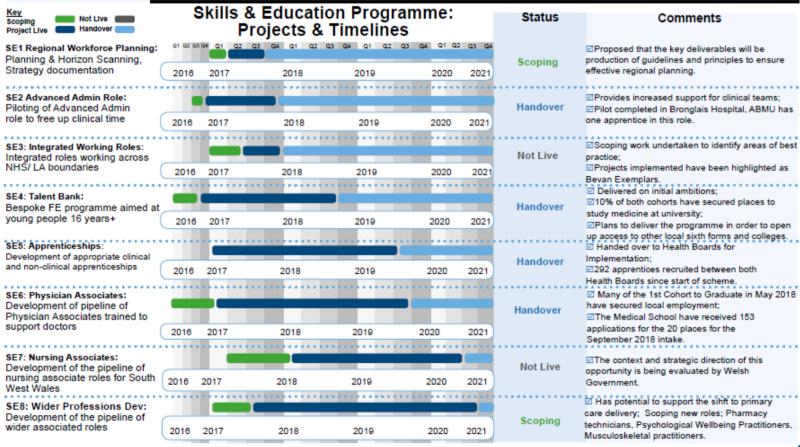


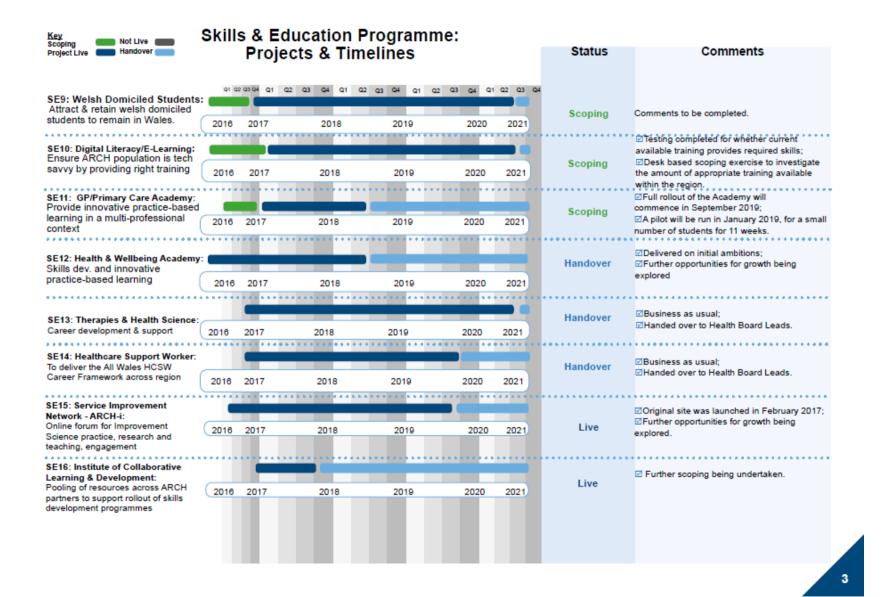
Skills & Education

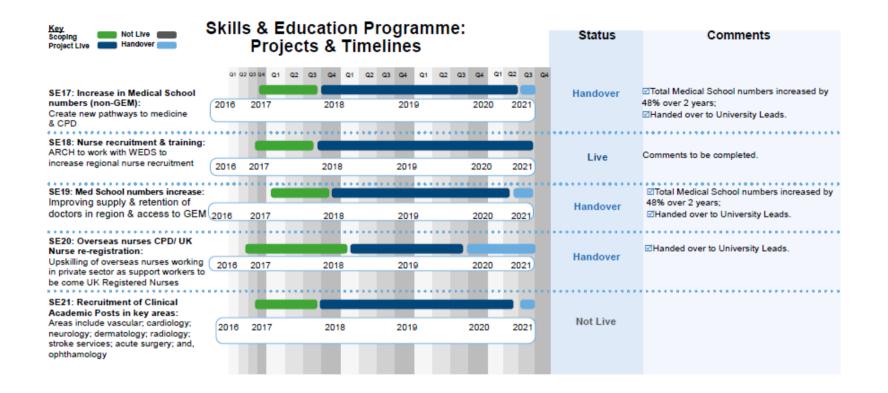
Vision & Aims:

The programme is creating a pipeline developing both short term stabilisation and recovery meet significant deficits in the current workforce numbers whi also delivering sustainability:

- Develop our workforce to ensure we use the benefits of ICT in delivering care;
- term stabilisation and recovery to Develop new and expand undergrad & postgrad courses.
- current workforce numbers while Initiating regional & collaborative planning also delivering sustainability: of the workforce;
 - Develop new and extended roles for advanced and changing professional roles;
- Establish policies which facilitate strategic collaborative recruitment which stabilise and reverse the current trends in staff vacancies in the South West Wales health economy in the short and medium term:
- → Widen access through collaboration with FE to implement pathway programmes for 16-18 year-olds into sector in the medium to long-term;







Service **Transformation**

Vision & Aims:

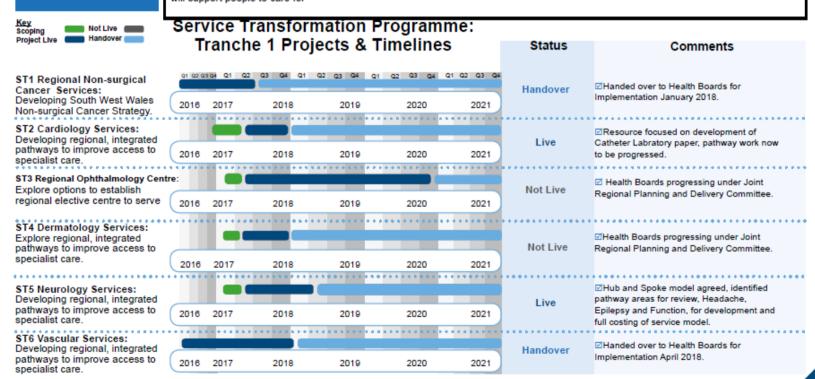
The ARCH Service Transformation Programme will take a whole system approach to implement new service models based on population needs:

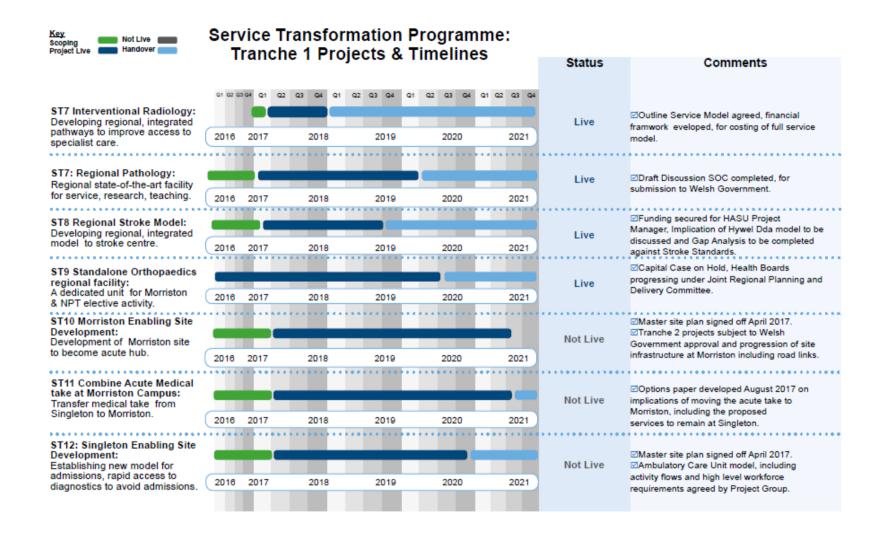
Health and social care wellbeing schemes across the region. This network will capitalise on digital advancements to help people access advice and connect to virtual support and treatment. It will support people to care for

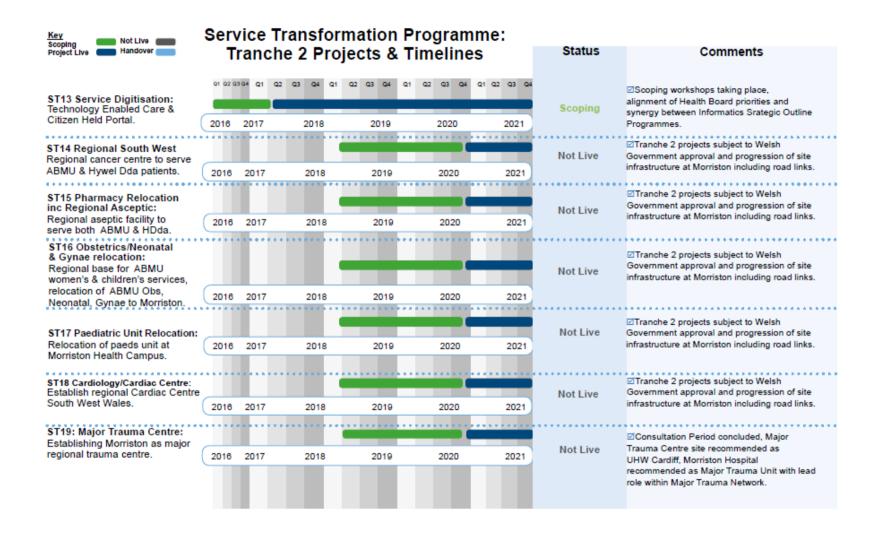
themselves and transform theway they access services. maximising the ability to receive their care at home or in the community:

- This new model will be based with a whole range of services (health, social and third sector) to bring care closer to peoples' homes and encourage greater personal responsibility for health; acute and critical care:
- → Digital exclusion will be addressed through the rollout of innovative healthcare solutions to allow people to monitor their own care at home and receive advice from healthcare professionals:
- on GP cluster networks where a >Our regional network of local number of GP practices will work hospitals will provide the right level of care in the right setting:
 - → Establish Morriston Health Campus as the regional centre for

- Develop new regional models for a number of fragile services:
- → Develop elective facilities which can deliver higher throughput and drive down waiting times:
- Streamline patient pathways throughout the region, to become more efficient. patient-focused, as well as reducing variability and improving sustainability of services.







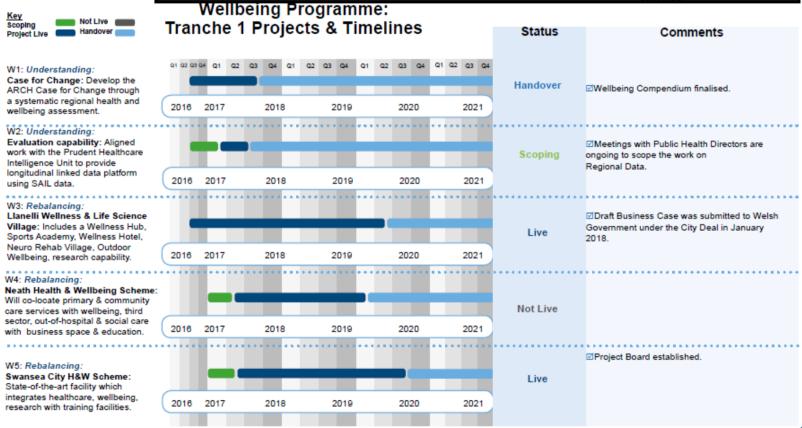
Wellbeing Vision & Aims:

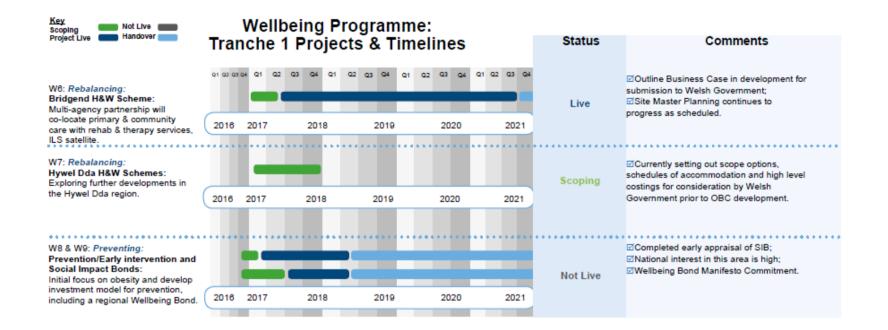
The Wellbeing Programme will make a quantifiable improvement to the health and wellbeing of the population of South West Wales, when compared with other regions. The programme will make a substantial contribution to:

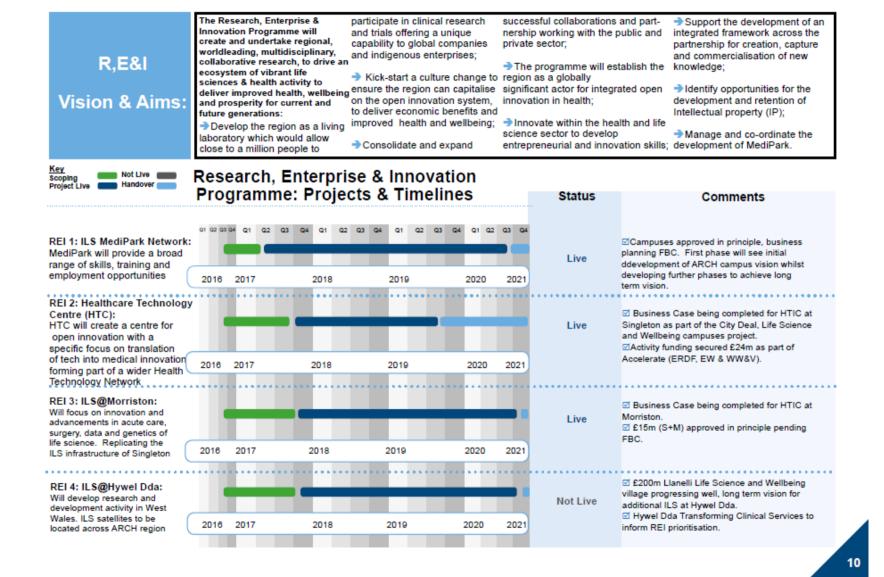
- Contributing to the reduction of health inequalities between population groups;
- → Affecting a tangible step-change in our approach to prevention and early intervention across all ARCH programmes;
- → Reducing inappropriate demand on key healthcare services by influencing the key social determinants of health and supporting people to remain well within their communities.
- → Improve access to opportunities and services that

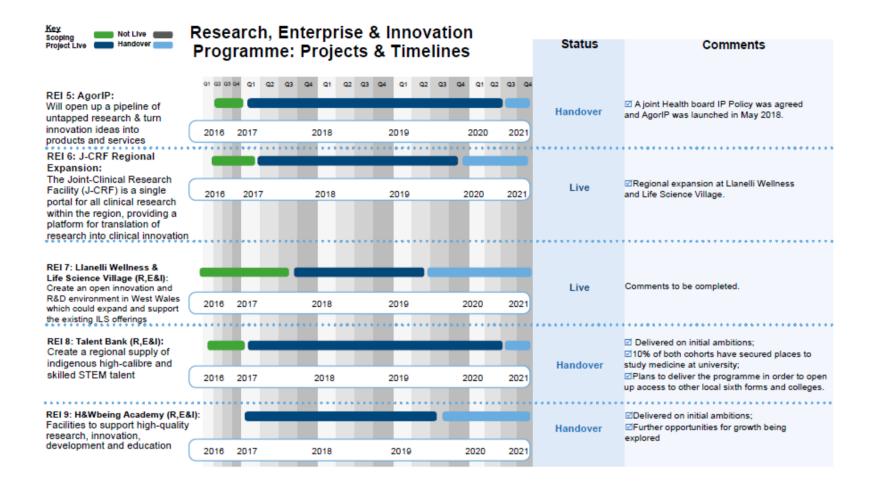
have a demonstrable impact on keeping people well for longer;

→ Maximise the potential of innovation and emerging digital capability and next generation technologies to keep people well, including changing the way in which services are delivered.









Appendix 3 IMTP narrative

3.2 ARCH

The ARCH priorities be addressed in 2019/20 include:

Service Transformation

The Service Transformation Programme is taking a whole system approach to implement new service models based on the needs of our population, with a different approach to delivering health and care services, across system and organisational boundaries. The focus in 2019/2020 will be:

- Finalising the work in progress to develop new regional service models for a number of fragile services to create more sustainable services;
- Maximising the opportunities to streamline patient pathways and secure more effective local and regional service provision;
 and.
- Improving the performance of current regional pathways.

The specific deliverables are:

Neurology

- A fully costed regional service model for neurological conditions agreed by June 2019, the model will;
 - Strengthen community based services
 - Improve prompt and accurate diagnosis for patients
 - Promote self-care, improve psychological well-being and independence
 - Reduce unscheduled hospital admissions, length of stay and A&E attendances
- A detailed Implementation/Delivery Plan 2019- 2021 (with a key milestones for delivering specific elements of the new model) to be signed off by Health Boards in September 2019.

Interventional Radiology (IR)

- An agreed plan to stabilise then grow IR services across the region to be completed by April 2019 with key milestones for 2019/2020. The plan will aim to make roles more attractive to prospective applicants through:
 - Creating regional roles across traditional boundaries
 - Examining job roles to reduce need for Out Of Hours services
 - Increase participation in clinical trials
 - Increase interventional activity across a range of specialties
 - Reduce length of stay for number of conditions

Cardiology

- An agreed plan to develop an Operational Cardiology Service Delivery Network (OCSDN) for the region for sign off by Health Boards in April/May 2019;
- Based on an agreed plan, sign off of regional clinical model, activity flows, resource envelope and performance standards by December 2019. The model will:
 - Improve performance of current heart conditions pathways
 - Reduce delays for treatment and length of stay
 - Secure sustainable and effective local and regional service capacity
 - Improve patient experience.
- o Appointment of OCSDN team in April 2020; and,
- o OCSDN to go live in September 2020.

Hyper Acute Stroke Services

- Regional HASU model and impact analysis to be presented to Health Boards in March/April 2019 which include a regional rehabilitation model for stroke to support the flow through HASU:
 - In-patient services
 - Community Stroke teams, including Early Supported Discharge
 - Life After Stroke
- o Based on agreed model develop a detailed implementation/delivery plan for sign off by Health Boards September 2019

Digitisation of services

- A definitive scoping document that outlines digital ambitions and deliverables for the region by September 2019 which aims to:
 - Secure closer working between Health Board Informatics departments
 - Enable more shared learning and resources to achieve local and national goals
 - Empower patients to manage and participate in their care

In addition to the service transformation programme within the ARCH portfolio, the three key work streams below will also take forward regional working:

Wellbeing Programme

The Wellbeing Programme aims to contribute to the reduction of health inequalities between population groups and affect a tangible step-change in approach to prevention and early intervention Specific deliverables are:

- A Wellbeing Schemes Learning Forum launched to share best practice, learning, innovation and impact from each of the wellbeing schemes in April 2019; and,
- Initial scoping completed of an Integrated Regional Well-Being Information Platform for the region by August 2019.

Skills, Education and Workforce Programme

The Skills, Education and Workforce Programme aims to widen access and opportunities for people living within the region to pursue a career with the NHS and promote South West Wales as the destination of choice to train, work, and live. Specific deliverables are:

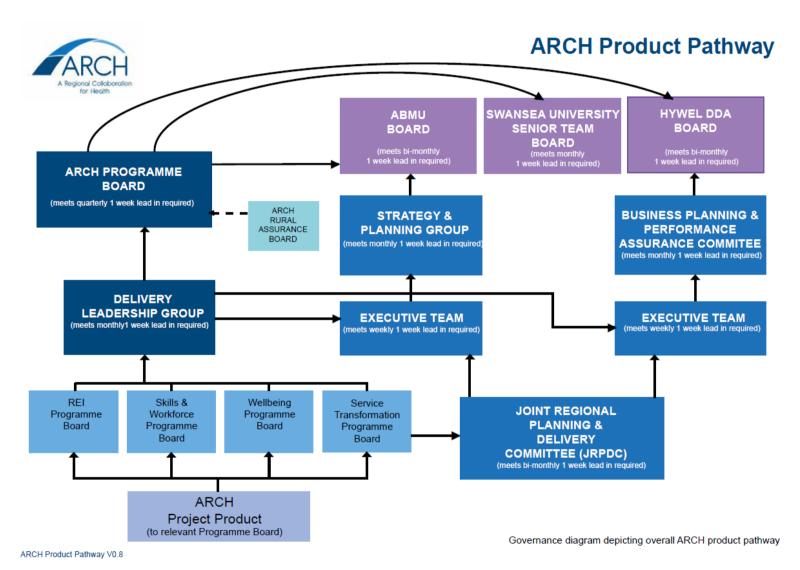
- An Apprenticeship Career Framework to be agreed by April 2019 with posts advertised in May 2019 and new recruits in place by Sept 2019;
- Schools Experience Programme (16-18yrs) launched in April 2019 with first cohort in place from Sept 2019;
- A Workplace Wellbeing programme developed which can be integrated into all health & social care education programmes, this will include secondary schools, FE providers and universities by January 2020; and,
- A scoping exercise completed under **ARCH I** to develop a network of improvers across the ARCH region by March 2020 and an agreed plan implemented by Sept 2020.

Research Enterprise and Innovation Programme

The aim is to expand Institute of Life Sciences (ILS) facilities across the region and drive an ecosystem of vibrant life sciences as follows over the next 1-3 years:

- ILS Llanelli
- ILS Healthcare Technology & Innovation Centre at Singleton
- Regional ILS Morriston
- ACCELERATE.

Appendix 4



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