

Summary of proposal	Annual Cost
<p><b>Child and Adolescent Mental Health Services</b></p> <p>Provide a wider range and increased focus on psychological therapies for children with a consultant lead to provide professional leadership for staff, and to develop and implement a fit for purpose framework. Expansion of the of the Emotional Health &amp; Wellbeing Officer roles to cover the whole Swansea Bay population. This proposal requests funding for an additional 2 posts.</p>	<b>£169,420</b>
<p><b>Eating Disorder Services for Children</b></p> <p>Increased resource for local dietetic input to provide an improved MDT approach for Eating Disorders for children and young people.</p> <p>Discussions have been held between the CAMHS Clinical lead and the Head of Nutrition &amp; Dietetics in Swansea Bay, and the two departments are committed to working together to ensure that this multidisciplinary approach delivers and to plan for joined up care.</p>	<b>£10,246</b>
<p><b>Eating Disorder Services</b></p> <p>Enhancement of multidisciplinary interventions at Tiers 1 &amp; 2 of Eating disorder services. Addition of 0.5 wte dietician and 0.5 wte therapist for early identification and specialist assessment and treatment as per NICE 2017 guidance and as identified to WG already as medium term steps in response to National Review. A data processor reflecting expansion of the service and for service development and reporting .</p>	<b>£82,718</b>
<p><b>Increased Access to Psychological therapies</b></p> <ol style="list-style-type: none"> <li>1. Developed through Transforming Mental Health services project on psychological therapies. Building capacity at both high and low intensity levels to develop a stepped care model for psychological therapies, and achieve long term sustainability for compliance with 26 week target and with aim to reduce waits further. <ul style="list-style-type: none"> <li>• 2x Band 6 therapists to support high intensity intervention</li> <li>• 1x Band 5 Psychology Assistants to support low level therapies</li> </ul> </li> <li>2. Developing community focused specialist personality disorder service by increasing capacity for specialist DBT and implementation of a tiered pathway of increasing specialist support appropriate to increasing severity of personality disorder. The pathway work will cover primary care to specialist rehabilitation and recovery services and will link with the Offender Personality Disorder Pathway offered by criminal justice services. Specialist input to adult acute inpatient services will aim to reduce likelihood of escalation to low secure services. <ul style="list-style-type: none"> <li>• 2x Band 6 DBT therapists to support expansion of intervention capacity across pathway.</li> </ul> </li> </ol>	<b>£231,645</b>

Summary of proposal	Annual Cost
<p><b>Perinatal Mental Health Services</b></p> <p>Enhancement of multidisciplinary team to be compliant with the Royal College of Psychiatrist's Perinatal Community Standards as required by Welsh Government guidance. Expansion of the team operating across the Health Board area through 0.5wte Social Worker, 1 wte Nursery Nurse and through our development of psychological therapies we will develop a specialist pathway for perinatal mental health services.</p>	<p><b>£40,222</b></p>
<p><b>Responding to Crisis</b></p> <p><b>Increasing capacity in LPMHSS</b></p> <p>Expansion of capacity within LPMHSS to meet anticipated demand for assessment and signposting to appropriate levels of support as a result of increasing anxieties around covid-19, reduction in social network support, loss of employment, bereavement, reduced financial independence and uncertainties around the future. Timely responses at the front door is a means to address people's levels of distress and avoid escalation to higher levels of care. Developed through Transforming Mental Health services project on LPMHSS this will include a review of the current operation of the service available across clusters to reflect changes in delivery due to Covid-19 and increased use of technology.</p> <ul style="list-style-type: none"> <li>• 4 x band 6 mental health practitioners operating at cluster level.</li> </ul> <p><b>Enhancement of Prison inreach services</b></p> <p>Enhance our ability to respond in a timely manner to people in distress within the Criminal Justice service in the face of increasing demand. It has been assessed that the current services are under resourced against existing guidance and population size in prison services where the prevalence of mental disorder is known to be higher than the general population. Prison is a discreet population that does not have ready access to health services and therefore requires bespoke and dedicated resources that is able to provide in-reach as an equivalent level of treatment and care to that of the general public.</p> <ul style="list-style-type: none"> <li>• 2 x Band 6 Mental Health Practitioners</li> <li>• 2 x Consultant Psychiatrist sessions</li> </ul>	<p><b>£316,551</b></p>
<p><b>Early intervention in Psychosis</b></p> <p>Expansion of dedicated care coordinator interventions for people experiencing a first episode of psychosis that reduces long term dependence on secondary services.</p> <p>Addition of dedicated Health Care Support Worker for undertaking physical health interventions as this has been identified again in the national audit as being an area of deficit and contributes to poor physical health outcomes for people with psychosis.</p> <ul style="list-style-type: none"> <li>• 0.4 band 6 MH practitioner</li> <li>• 1 Band 3 HCSW</li> </ul>	<p><b>£47,749</b></p>