

BAYouth: Championing children's rights in a year of lockdown

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Amy Brown
Vice Chair
BAYouth

Abi Price
Member
BAYouth



Jannine Smith
Director
Neath Port Talbot Children's Rights Unit



Development of SBUHB Children's Rights Charter and Youth Advisory Panel



@BAYouthNHS



- ▶ Children's Rights Charter launch (2017)
- ▶ The first youth advisory panel in health in Wales
- ▶ Youth-led
- ▶ Supported by CRU and SBUHB
- ▶ Dedicated to improving health services for children and young people
- ▶ Represent the voices of children and young people in SBUHB
- ▶ Influence the decision-making process
- ▶ Passionate about Children's Rights

Embedding children's rights

Equality and non-discrimination

Empowering children

Participation

Accountability

15 steps challenge



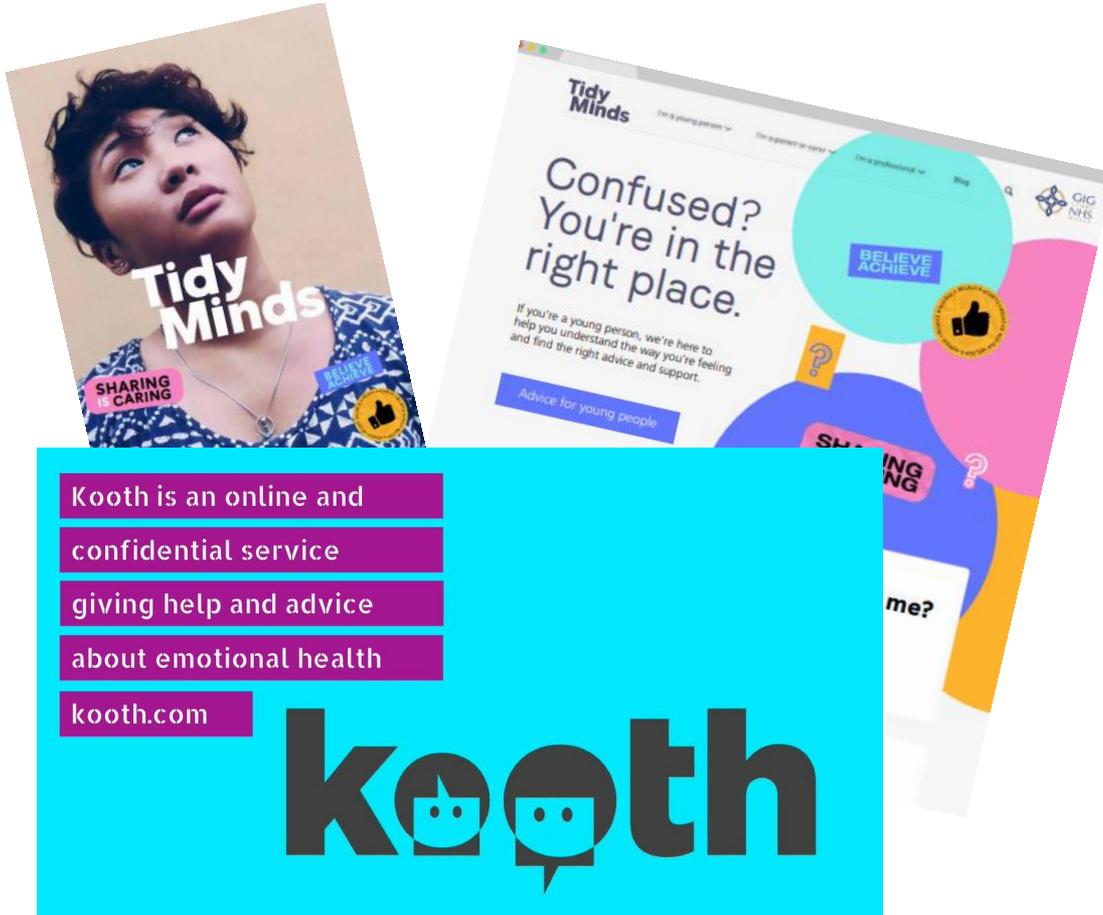
- ▶ Quality audit
- ▶ From a young person's perspective
- ▶ Supported by health care professionals
- ▶ Action plan developed
- ▶ Holds professionals to account
- ▶ Feedback to young people

OUTCOME:

- ▶ Development of children's waiting area at Morriston Hospital



Emotional health and well-being



Kooth is an online and confidential service giving help and advice about emotional health

kooth.com

kooth

OUTCOME:

- ▶ Development of a website and online service for young people

Young Interviewers



Benefits for young people:

- ▶ Knowledge that their views are respected and valued
- ▶ Makes Article 12 a reality
- ▶ Gain skills and new experiences
- ▶ Ownership and empowerment
- ▶ Involvement in decision-making
- ▶ Young people can directly influence service delivery

The training has allowed me to develop my communication skills and understand what to expect when being part of an interview panel.
BAYouth member

OUTCOME:

- ▶ Involvement in recruitment of key paediatric staff

Information

COVID-19
What you need to know about me.....

Who am I?
Hello my name is COVID-19. I'm a new virus that is travelling around the World. I came from a family of Coronavirus. I was born in 2019. You can call me COVID-19.

How do I spread?
I travel from person to person. You can catch me by being close to someone who has COVID-19 and is coughing. I can also travel from surface to surface.

How can you stay safe?
Wash your hands with soap and water regularly for 20 seconds (try singing happy birthday twice through).
Use a hand sanitizer.
Try not to touch your face too much.
Keep your distance from others when out and about.

How do I make you feel?
It's mainly adults who catch me and some may have:
• A cough
• A sore throat
• A runny nose
• A temperature
• Difficulty breathing
• Loss of taste and smell

If you look at me under a microscope, I look like I'm wearing a crown!

I love to travel!

Getting tested
Some children may need to have a test to see if they've caught me. The test is really simple using something like a cotton bud. A nurse or doctor will rub the inside of your nose or throat. If you have me, the nurse or doctor will decide what to do next.

Most children who catch me will be looked after at home, but if you and your family need advice call the NHS 111 helpline.

The nurses and doctors may look a bit funny as they will be dressed up in clothes to protect you and them. Masks, gloves and gowns help to stop me travelling.

Logos for GIG NHS, Health Shared Partnership, and South West University Health Board.

This is amazing work; I have shown it to the pre assessment nurses and they agree. Thank you so much.
Jan Williams

I just wanted to extend mine and the paediatric workstream groups thanks for all the support the youth groups have given us with the posters for the FAQs and the nurse staffing numbers. Dawn Parry

PAEDIATRIC WELSH LEVELS OF CARE

Staff Nurse Stalling

5 You will be feeling unwell. You have your own nurse looking after you all the time, and the doctor will also see you often to make sure that you are getting you better. Don't be scared about any tests that are arranged for you. They are there to help you get better. You may need to be checked to some monitors, so the doctors and nurses can see exactly how you are doing by looking at the screen.

4 You are feeling unwell at the moment. There is a nurse with you to make sure everything is done to make you comfortable. The nurse will try to explain what is happening at all times. The doctor will come to visit you often during this time. They may make some changes to your medicines, and they may need a few more tests to help you get better.

3 You are not feeling too good. The nurses and doctors are doing their best to make you feel better. Don't be scared there are many people around and they are all here to help you.

2 You are not feeling so good. The nurses have a plan of care. They will make sure that they will pick up any changes to how you get better. Try not to worry. They will give you good care of you.

1 You still need some tests but you are up and about and able to visit the play room.

Please speak to a nurse or a doctor if you have any questions.

OUTCOME:

- ▶ Child and young person friendly information

Adolescent Services



**we want to know
what you
think.....**



Working with BAYouth in developing an adolescent allergy service has been a great experience. Having the perspective and voice of young people has been invaluable in developing an adolescent specific information leaflet as well as an adolescent allergy clinic workshop from which we hope to develop the service.
Thank-you. Dr Eliana Panayiotou

OUTCOME:

- ▶ Development of an Adolescent Allergy Clinic

Consultations



- ▶ WG – Emotional health and well being services
- ▶ WG – transition to adult services
- ▶ RCPCH - transition to adult services
- ▶ RCPCH – health services in lockdown
- ▶ RCPCH youth ballot – 2020 issues
- ▶ NHS Careers Wales website
- ▶ CAMHS building name

OUTCOME:

- ▶ Have a voice at a National and local level



Children's Rights Promises



OUTCOME:

- ▶ All children and young people are aware of their rights in health
- ▶ All staff are aware of children's rights

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Any questions.....



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