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Health Board



<b>Meeting Date</b>	<b>20 June 2019</b>	<b>Agenda Item</b>	<b>4.2</b>
<b>Report Title</b>	<b>Admission of CAMHS patients to Adult Mental Health Ward</b>		
<b>Report Author</b>	Janet Williams, Head of Operations		
<b>Report Sponsor</b>	David Roberts, Service Director		
<b>Presented by</b>	David Roberts, Service Director		
<b>Freedom of Information</b>	Open		
<b>Purpose of the Report</b>	The purpose of this paper is to advise the Quality & Safety Committee about the provision of a CAMHS bed in the Adult Mental Health Ward at Neath Port Talbot Hospital and to set out the risks and mitigating actions that are in place.		
<b>Key Issues</b>	<ul style="list-style-type: none"> <li>• Risk &gt;20</li> <li>• Actions in place to mitigate risks</li> <li>• Future Plans</li> </ul>		
<b>Specific Action Required</b> <i>(please choose one only)</i>	<b>Information</b> <input type="checkbox"/>	<b>Discussion</b> <input checked="" type="checkbox"/>	<b>Assurance</b> <input type="checkbox"/>
<b>Recommendations</b>	Members are asked to: <ul style="list-style-type: none"> <li>• <b>NOTE</b></li> </ul>		

## **PROVISION OF CAMHS BED AT NEATH PORT TALBOT HOSPITAL**

### **1. INTRODUCTION**

The purpose of this report is to advise the Quality & Safety Committee of the risks associated with the provision of a CAMHS bed within the adult mental health ward (Ward F) at Neath Port Talbot Hospital and the actions that are in place to mitigate the risk.

### **2. BACKGROUND**

Child & Adolescent Mental Health Services (CAMHS) for residents of Swansea Bay Health Board are provided by Cwm Taf Morgannwg Health Board under a managed clinical network arrangement.

There is a 4 tier concept for the planning, commissioning and delivery of CAMHS:

**Tier 1** – Primary & direct contact services

**Tier 2** – First line specialist services provided by individual professionals form specialist CAMHS

**Tier 3** – Second line specialist services provided by teams of staff within Specialist CAMHS

**Tier 4** – Very specialised interventions and care (this includes inpatient psychiatric services).

The Welsh Government issued Admissions Guidance to Health Boards in 2011 in respect of the admission of children and young people with mental illness. The starting point for the guidance is that the admission of a young person to an inpatient mental health unit should be a rare event and that services should be in place, such as Home Treatment Teams, to support young people in the community.

There are only two inpatient units in Wales, one in North Wales and one based on the Princess of Wales Hospital in Bridgend, known as Ty Llydiard. Both are Tier 4 Units commissioned by WHSSC.

In circumstances where there are no beds available in the inpatient CAMHS Unit and it is not immediately possible to source a bed outside of Wales all Health Boards are required to have a designated bed for the emergency admission of a CAMHS patient.

The designated bed for Swansea Bay Health Board is in Ward F on the Neath Port Talbot Hospital site. There are only three adult mental health wards in the Health Board, two at Cefn Coed Hospital and one at NPT Hospital. Ward F offers a significantly better physical environment than the wards at Cefn Coed Hospital and is deemed the most appropriate environment for CAMHS admissions by the clinical team, although it does not offer age appropriate facilities for adolescents.

Ward F will accept admission of CAMHS patients between the ages of 16 and 18 on an emergency basis. Patients remain under the medical care of a CAMHS

Consultant Psychiatrist. Patients requiring admission who are under the age of 16 would need to be admitted to a Paediatric Ward within Swansea Bay Health Board.

CAMHS Admissions to Ward F 2018/19	11
CAMHS Admissions to Ward F 2017/18	7
CAMHS Admissions to Ward F 2016/17	8

### **3. GOVERNANCE AND RISK ISSUES**

The admission of a young person to an adult mental health ward is considered as a risk to the Health Board and currently carries a risk score of 20 on the Mental Health & LD Delivery Unit Risk Register.

Ward F is a mixed gender ward for adult mental health patients. Patients admitted to the ward are usually acutely unwell. There are no separate facilities for adolescent patients which makes it difficult to offer a good patient experience.

A range of measures are in place to mitigate the risks:

- All referrals for admission to the ward are risk assessed on an individual basis.
- The risk assessment will include an assessment of patient acuity and safeguarding risks present on the ward which may mean that the admission cannot be accommodated.
- All admissions are recorded on Datix to facilitate review and monitoring.
- Only one adolescent patient will be accepted onto the ward at the same time.
- Patients are placed on a 1:1 level of observations for safeguarding reasons. Whilst this is necessary it can also be very intrusive for the individual patient who may not require this level of observation if they were in a specialised unit.
- Admission of CAMHS patients to Ward F is intended to be short term only and the ward works closely with CAMHS to ensure transfer of the patient to a more suitable inpatient environment or discharge home with appropriate CAMHS support.
- Regular meetings are held with CAMHS colleagues to discuss service issues and any concerns arising from admissions.
- Work has started on the Business Case to support capital investment for the re-provision of Acute Adult Inpatient beds on the Cefn Coed site. It is proposed that the Business Case should include the provision of age appropriate facilities for adolescents.

### **4. FINANCIAL IMPLICATIONS**

The admission of CAMHS patients to Ward F does lead to additional costs being incurred due to the enhanced nursing levels that are required but these costs are recharged to Cwm Taf Morgannwg Health Board.

## **5. RECOMMENDATION**

The Quality & Safety Committee is asked to note this report.

