

**Key Aims**

Reconfigure the current RPB transformation programme to focus on emergency (including Winter planning) with a focus on actions that will best support the population and our health/ social care system over the next 5 months.

Emergency/ Winter plan must cover all cohorts of the population – children, mental health, learning disability, older people, carers and communities

Emergency/ Winter plan must focus on building resilience across the range of acute and community services including health, social care, third and independent sector

Programme	Objectives	Key Deliverables and Impact for Q3/Q4	Key Milestones Q3/Q4	Progress Update	Status	Funding Proposal?
CHILDREN AND YOUNG PEOPLE PROGRAMME (TB2)	Predominate focus will remain on supporting the emotional and psychological well-being of children through coordinating the support available through CAMHS, other Health Board emotional and psychological wellbeing services including Child Psychology, schools, local authorities and the third sector and accelerating any capacity building where possible. Given increasing workforce challenges this will include exploring opportunities to share resources where gaps in the workforce are emerging. Consideration will also be given to agreeing emergency protocols between organisations to manage children presenting with the most complex needs (whilst the number are small – there is evidence that it is growing and longer term solutions currently being worked on aren't addressing immediate issues)	Regular discussion and oversight with all partners of key issues in terms of CYP waiting for emotional and psychological well-being	Fortnightly Children Board meetings scheduled Fortnightly Emotional Health and Wellbeing Group scheduled	Meetings scheduled fortnightly	Complete	
		Bridging support either through local authorities, third sector provision or other professionals for children with complex needs given the increase in waiting times with CAMHS (291 at present)	<ul style="list-style-type: none"> <li>- Review of CYP waiting longest on the waiting list for CAMHS</li> <li>- Exploration of whether group intervention could be re-established given CAMHS currently only able to offer individual intervention</li> </ul>	<p>CAMHS confirmed the most prominent issues currently are anxiety, suicidal and low mood</p> <p><b>Update: 2.12.21</b></p> <p><b>CAHMS confirmed that they are reviewing 103 CYP who have been waiting the longest</b></p> <p><b>They are looking to re-triage next week in order to rate and assess suitability to signpost.</b></p> <p><b>42 CYP with anxiety and 43 with low mood. Plan to use this intelligence to assess need for group intervention. Could run groups split between older and younger for mood and anxiety.</b></p> <p><b>CAMHS have 5 qualified and 5 unqualified staff to run these groups. Next steps to explore if we can scale up these groups with support from LAs and Third Sector</b></p> <p><b>Agreed to set up a smaller group which includes LA and third sector to discuss triage cases</b></p> <p>Noted Eureka Group which was funded by education. Assess whether</p>	<p>In progress</p> <p>In progress</p>	

Programme	Objectives	Key Deliverables and Impact for Q3/Q4	Key Milestones Q3/Q4	Progress Update	Status	Funding Proposal?
			<ul style="list-style-type: none"> <li>- Analysed GP cluster data on referrals to CAMHS, with focus on the inappropriate referrals</li> <li>- Further analysis to include reason for inappropriate referral given majority of inappropriate referrals highlight no reason</li> <li>- Further analysis to assess where CYP are signposted to</li> </ul>	<p>group could be re-activated through Early Help Hubs. Gavin to link in with Helen Osbourne</p> <p>West Glam produced data in graphical format in order to interpret data more easily</p> <p>Average % for inappropriate referral this year for all clusters is 39% with highest rate at 49% in City Cluster</p> <p><b>Update 2.12.21</b></p> <p><b>MD has emailed medical director for primary care in order to discuss how we can link in with GP clusters and other key staff to discuss eligibility criteria for CAMHS in order to reduce the number of inappropriate referrals.</b></p> <p>Review the current investment in Children's EH&amp;WB services within some clusters as this could be having a positive impact on the data</p> <p>Agreed to review the inappropriate referrals, as a group, to better understand the reasons why</p> <p><b>Update: 2.12.21</b></p> <p><b>CAMHS shared some data to indicate where inappropriate referrals have been signposted. (Can we have copy of data?)</b></p> <p><b>High numbers referred to Beyond Blue and Platform. HF and CR to check whether they have data confirming the cases referred from CAMHS.</b></p>		
		<p>Within child psychology, one of biggest gaps is psychological interventions for children with additional needs accessing the children's centres. This includes children seen by community paediatricians and therapists ie children with complex needs, physical disabilities, life limiting conditions etc.</p>	<ul style="list-style-type: none"> <li>- Identify support required for backfill</li> <li>- Complete funding proposal</li> <li>- Approve funding proposal</li> <li>- Offer of regular consultation to staff in children's settings to support with the psychological aspects of the work</li> </ul>	<p>Funding proposal to utilise additional temporary funding to offer regular consultation to staff in these settings to support with the psychological aspects of the work, thereby offering indirect psychological interventions</p> <p>Support would be provided by backfilling by another psychologist or Assistant Psychologist post. Backfill</p>	<p>Funding proposal approved in Children's Board on 11.11.21</p> <p><b>COMPLETED</b></p>	<p>YES</p>

Programme	Objectives	Key Deliverables and Impact for Q3/Q4	Key Milestones Q3/Q4	Progress Update	Status	Funding Proposal?
				from beginning of Dec agreed with Health Board		
		<p>Targeted work in terms of near suicide misses</p> <p>CAMHS crisis team currently only able to undertake assessments around safety planning and unable to offer treatment due to lack of capacity</p>	<ul style="list-style-type: none"> <li>- Establish better links with Swansea Bay Suicide and Self-Harm MAG (age blind) to EH&amp;WB group as they are specifically looking at suicide misses</li> <li>- Identify CYP on waiting list who are near miss suicides and consider alternative support</li> </ul>	<p>Swansea Bay Suicide and Self- Harm MAG meeting on 11th November, chaired by Damien Rees. Agreed to undertake some mapping in terms of near miss. Redefine what near miss suicide is.</p> <p><b>Update: 2.12.21</b></p> <p>Damien Rees attended EH&amp;WB Group on 1.12.21. Gave update in terms of the Swansea Bay Suicide and Self- Harm MAG and confirmed scoping exercise underway to see what work is being done in different groups. Meeting in December to review scoping exercise. Sub Group set up to consider near miss suicide – 1<sup>st</sup> T&amp;F group consider definition of near miss and then consider is there any mechanism for rapid response for near miss for adults and CYP</p> <p>Consider links to Swansea Bay Regional Crisis Care Concordat which has been recently re-established</p> <p>Include Jac Lewis Foundation who are supporting near suicide misses on Tidy Minds.</p> <p>Ensure CAMHS SPOA are aware of this organisation.</p> <p>Request for examples of these cases so these specific cases can be reviewed</p> <p>Need to agree scope as part of the deep dive.</p>	In Progress	
		Raise issue regarding the commissioned nature of CAMHS which causes resource issues	-	Regular meetings with CAMHS have been organised with CAMHS and JAD Setting up T&F group to scrutinise the challenges and issues. Michelle will feed into this group with updates.	In progress	
		Consideration of bridging support for CYP who could be presenting with MH issues, currently on waiting list for		Work currently undertaken to identify CYP with MH issues.	In Progress	

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		<p>NDD service</p> <p>Currently 836 CYP on ND waiting list, which is currently 24 months wait</p>		<p>Agreed to arrange a separate meeting to discuss this to see if there are further opportunities for partnership working to support these CYP.</p> <p><b>Update:</b></p> <p>Meeting scheduled for 15<sup>th</sup> December with ND and CAMHS to look at patients who are waiting for ND who potentially have been diagnosed with a mental health illness.</p>		
		<p>Review how the local authority SPOCs aligns with the CAMHS SPOA front door in order to discuss how we work across the different pathways for a more joined up approach and to avoid confusion</p>		<p>Local authorities invited to a meeting with AMHS and CAMHS on the 9/11/21</p> <p>The interdependencies between the 111 mental health assessment hub (all ages) and CYP mental health services. It was agreed further work was required within Health in the first instance. CAMHS have agreed that one of their Crisis nurses will attend the task &amp; finish group set-up to look at the clinical model for the assessment hub. Group to be updated on progress</p> <p>Pathways between existing single point of access teams across all agencies – a meeting is required to look at how we work together in a more ‘joined up’ way between the single point of access teams in the local authorities and CAMHS. MD to arrange</p>	In Progress	
		<p>Increasing need for low level emotional health support:</p> <p>Tidy Minds website provides links to all the services available for mental health and emotional wellbeing support. <a href="#">Home page - Tidy Minds</a></p> <p>Kooth, the anonymous digital counselling and support service for 11-18 year old currently has capacity given number of referrals are low, in particular for males.</p> <p><a href="https://www.kooth.com">https://www.kooth.com</a></p>	<p>Promotion of Tidy Minds and Kooth on partner websites – End of Nov 21</p> <p><a href="#">tidyMinds and other support for young people - Swansea Bay University Health Board (nhs.wales)</a></p> <p><a href="#">Tidy Minds - Swansea</a></p> <p><a href="#">Kooth - Swansea</a></p> <p><a href="https://www.npt.gov.uk/23640">https://www.npt.gov.uk/23640</a></p>	<p>Request to Regional Comms Cell for all partners to include promotion of Tidy Minds and Kooth on the websites which includes the link</p> <p>Promotion of the tidy minds site to ensure parents/carers and CYP are aware of the website, though commercial advertising. Agreed promotion to initially focus on</p>	<p>Completed</p> <p>In Progress</p>	

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			<p>Promotion of Kooth to secondary schools – Dec 21</p> <p>Promotion of Tidy Minds to schools and GPs</p>	<p>schools and GP clusters</p> <p>Promotion to include the kooth counselling service to encourage wider take up.</p> <p>Discussion with education in Swansea to produce a pack for secondary schools so they can promote Kooth to staff and children. Meeting scheduled for NPT.</p> <p>GP Clusters: Discuss in meeting – need to progress approach</p> <p>Promote to community paed as resources useful for them</p>		
		Consider emergency protocol for rapid response for agreeing provision for CYP who have complex needs. Links to emerging complex care process under TCC programme	Refer to TCC Programme (1 <sup>st</sup> complex care panel took place in Nov. TOR agreed for panel)	Noted in TB on 19.10.21 that intention to trial complex case pathway for specific case in order to try and resolve issues, ensuring senior decision makers are involved for swift decision	In Progress	
		<p>Building resilience into third sector organisations that are experiencing increase in referrals for CYP with mental and emotional health issues.</p> <p>Consider third sector grant scheme utilising prevention funding</p>		Further discussions once we understand where support is needed. This will be identified through deep dive of cases.		
		Bolster Mental Health Funding utilising the prevention funding to increase mental health support across the region for adults and children	All funding agreed and project leads notified	Recurrent MH funding (adults £160k, CYP £40k), RPB CYP funding of £200k and prevention funding for WB&MH approved through West Glamorgan governance	Completed	YES
				Ensure the list of all the available schemes funded across West Glamorgan are shared with partners so they are able to sign post to services	In progress	
		Ensuring links with young carers and the Children's Programme / plan		<p>Circulated list of regional funded schemes for young carers with HOS</p> <p>Meeting with NPT Youth Service and YMCA to discuss issues with lead for Carers. On agenda for future Children's Board</p>	In progress	
	<b>Children's Board:</b> Development of plans around	National meetings scheduled to discuss issues regarding shortages of social workers which have vacancy rates of 30-	Develop longer term recruitment plans	National meeting with Alistair Davey and CIW		

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	workforce issues regarding shortages of key staff	50% Recruitment and retention issues with CAMHS staff. E.g. senior nurse leaving in 2 weeks. Challenge to engage on partnership basis whilst prioritising supporting CYP with most complex needs Education and third sector Staff wellbeing		Another national meeting in 4 weeks (w/c 15.11.21) Pick up in strategic workforce meetings		

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